

ACCESS LEGAL RESEARCH INC.

- CRIMINAL PARDONS/U.S. WAIVER
- NO FAULT DIVORCE
- SMALL CLAIMS COURT UP TO \$25,000
- SEPARATION AGREEMENTS
- LAND TRANSFERS

OPEN SATURDAY
BY APPOINTMENT
CALL 228-2469

The world's largest global newspaper

metro



CALGARY • WEDNESDAY, FEBRUARY 17, 2010

metronews.ca

KEY INTIMACY
EXPERIMENT™



Rediscover
just how much
fun intimacy
can be.

youtube.com/ky

© Johnson & Johnson Inc. 2010

Alleged leader of anti-Olympic protest arrested

CRIME Vancouver police say they've arrested the suspected ringleader of a violent anti-Olympic protest in the city's downtown core early Saturday.

Police say the man is a self-described anarchist who led a group that smashed store windows and vandalized cars.

Twenty-seven-year-old Guillaume Joseph-Marc Beaulieu of Vancouver has been charged with mischief over \$5,000.

Another 27-year-old man, Liam Brander of North Vancouver, has also been charged with assault for attacking two journalists during a protest march.

Police say a total of 11 arrests have been made as a result of the protests, and more may be coming.

THE CANADIAN PRESS

News on the Move

What's this
barcode for?

Learn how to scan
the barcode with
the instructions at
the top of pg 3



Vancouver Games

Follow Metro as we bring you daily coverage throughout the 2010 Winter Olympics in Vancouver.

• Today — World is catching up to Canada on the curling sheet, page 16



On the web

Visit metronews.ca for news updates

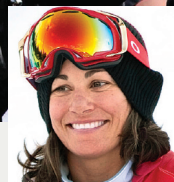
ShareYourViews

calgaryletters@metronews.ca

Olympics West Coast darling



Canadian fans cheer on Whistler's Maëlle Ricker, right, at the ladies' snowboard cross yesterday while she rides her way to a gold medal at the Vancouver 2010 Winter Olympics. Story, page 17



Surgeries fast-tracked

Alberta to increase number of procedures to clear backlog

Alberta plans to clear up a backlog of urgent cancer and heart surgeries as it starts to spend the largest injection of health-care cash in its history.

The government also plans to reduce long waiting lists for hip and knee replacements, neurosurgery, and cataract surgery. In all 2,230 more procedures will be performed over the next six weeks, as well as 3,500 additional MRI and CT scans.

Health Minister Gene Zwozdesky said the blitz is

needed but won't change the fact that Canada's most expensive health-care system still needs a long-term fix to make it sustainable.

"That's what Albertans have told us they want, is something immediate," Zwozdesky said yesterday. "But the size of the investment we are making in health care, which is the largest per-capita anywhere in Canada, must begin to better mirror what patients and users are telling us is missing."

Reaction to the move was mixed, with a medicare lobby group praising the government for listening to public concerns about health care. Others were more skeptical.

NDP Leader Brian Mason called the announcement a short-term fix that has more to do with healing the government's popularity than the health system's flaws.

"It gives the new health minister a chance to appear as a hero, but it is not

fixing the health-care system," Mason said.

One of the government's harshest critics on health care welcomed the news.

David Eggen, with Friends of Medicare, said the province took action after the public spoke out about closed hospital beds, cancelled surgeries and a nursing shortage.

"I hope this is a signal that the government is going to stop playing games with public health care," Eggen said.

THE CANADIAN PRESS

Calgary Zamboni called for oval duty

VANCOUVER
2010 Games

ICE Olympia resurfacing machines twice prepared the ice at the Richmond Olympic Oval without issue for the women's 500 metres yesterday, though they'll be sharing duties from now on with a Zamboni that arrived at the Winter Games from Calgary after a 15-hour trek across the Rockies.

"This has been an accurate decision of the organizers," said International Skating Union president Ottavio Cincuenta. "I think they have done almost the maximum they can do."

VANOC's Magnus Enfeldt said the Zamboni will likely be operational in time for today's men's 1,000-metre race.

Chief ice-maker Mark Messer said Olympia representatives came to the oval to help fix the machines, but their "inconsistency" presented a challenge.

"It's a prototype machine. You're always going to get a few bumps and bruises. It's just unfortunate that it happened this time," Messer said.

Issues with the oval ice, criticized for being slow, have been ongoing since teams began arriving in Vancouver two weeks ago and well before the Olympics started having problems.

Humidity and warmth from crowds, along with the intense heat created by TV floodlights have left Messer scrambling to keep the ice consistent.

THE CANADIAN PRESS

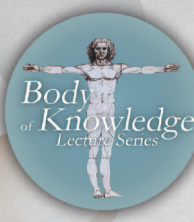
The Integrative Health Institute at Mount Royal University presents *Body of Knowledge Lecture Series*

Tieraona Low Dog, MD

February 25, 2010 – Top Selling Supplements: The Real Story

Tickets available online at www.bodyofknowledge.ca or by calling 403.440.7770

Enrich your understanding – enhance your well-being



LOWEST PRICES OF THE YEAR

On all remaining 2009 vehicles

BRAND NEW 2009 CHEVROLET COBALT FOR ONLY...

\$9,995

PLUS 0% FINANCING

Taxes and Fees not included. Errors and omissions exempt.



C91143

ONLY 12 REMAIN

BRAND NEW 2009 PONTIAC G5

NO PAYMENTS
FOR 90 DAYS

NO INTEREST
0% for 72 months

NO MONEY DOWN

14 REMAINING



P91147

\$230 PER MONTH

Cash price \$15,214, Price includes fees, GST not included, 0% for 72 month finance, O.A.C, errors and omissions exempt.

FREE TICKETS TO WORLD OF WHEELS

THIS FRIDAY, SATURDAY, AND SUNDAY WHEN YOU TEST DRIVE ANY NEW OR USED VEHICLE

Limit tickets 2 per customer. Visit CMP Auto for details.

09 CHEV MALIBU
\$23,099*

C90862



09 CHEV 2500
\$34,887*

C90429



09 CHEV HHR
\$18,115*

C90810



*Prices do not include documentation fee of \$399, air tax of \$100 and tire tax of \$20, GST not included, errors and omissions exempt. Prices valid at time of printing and may change without notice.



403-539-6004
cmpauto.com



CORNER OF 16TH AVE & 36 ST. N.E.

MONDAY - THURSDAY 8AM-9PM

FRIDAY 8AM-6PM

SATURDAY 9AM-6PM

AMVIC LICENSED

News on the Move
IN THREE EASY STEPS

1 DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA



Local

fantastic CITY

Look what city is leading now...

HALIFAX FANS	OTTAWA FANS	TORONTO FANS	CALGARY FANS	EDMONTON FANS	VANCOUVER FANS
268	214	403	245	95	179

Become a Facebook fan for a chance to win airfare to any Metro city in Canada.

*Total number of fans as of 4:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at www.facebook.com/metrocaltary

News in brief

SHOOTING Police say a Panorama Hills home hit by up to five bullets early yesterday morning was targeted before. Police confirmed the same home in the 0-100 block of Pantego Road NW was shot at last summer. No one was injured in the 5:30 a.m. shooting that left bullets in the home's garage. Police continue to investigate.

METRO CALGARY

Following news stories on Twitter...

CalgaryTweets

@aisy I even feel proud that Calgary's zamboni is going to Vancouver to help fix the ice. :) I am the definition of pathtisad.

@heat_mack Why must all of Canada's worst drivers be driving downtown at once?

@suzannemf Don't forget that the tower flame will be burning from 5-6pm every time a Canadian wins a medal. Always cool to see!

@heckman Wow it has been a long time since I have road the cattle hauler C-train in #yyc. So glad to be on with all the High Schoolers in love.

metronews.ca

WHAT'S ONLINE TODAY

Video Canadian halfpiper Jeff Batchelor breaks down killer tricks, with the help of an action figure, at metronews.ca/canada



ADVERTISE TODAY!
1 888 91 metro (63876)

Experts picked for zoo audit

Every enclosure will be checked and every tank tested as the Calgary Zoo embarks on a self-imposed audit to rebuild its reputation after a string of high-profile animal deaths.

Critics charge the review is a sham — a public relations exercise by other zoo members that will result in a whitewash.

But the Calgary Zoo's president is confident the inspection, conducted by experts from four zoos, as well as the dean of the University of Calgary's veterinary program will draw a line between facts and opinions and restore his zoo's credibility.

"This will be a comprehensive review of all — I mean all — aspects of animal care at the zoo," zoo president Dr. Clement Lanthier said yesterday.

Lanthier requested the investigation in December, after a capybara died as the result of human error, the latest in a string of inci-



Nancy McToldridge of the Association of Zoos and Aquariums talks to the media about the Calgary Zoo review process as zoo president and CEO Dr. Clement Lanthier looks on yesterday.

dents dating back to 2007. Animal welfare activists charge that such a collection of experts couldn't possibly lead to real change.

"It is not an arm's-length nor independent process. It's an industry reporting on itself," said Julie Woody-

er of Zoocheck Canada.

"Essentially, it's going to be some kind of a whitewash."

Marc Bekoff, a well-known American biologist who has written extensively about treating animals with compassion, accepts mistakes happen, but does-

n't agree with Lanthier's assertion human error will never be eliminated.

"It's too many unexplainable deaths. You can always write things off as human error, but my goodness, the animals are dying and suffering."

THE CANADIAN PRESS

Child left alone in car outside casino, police say

KRISTA SYLVESTER
krista.sylvester@metronews.ca

INVESTIGATION Police say a young child allegedly left in a car outside a northeast Calgary Casino while the male caregiver was inside may have been in the car for up to 20 minutes.

On Monday night, a passerby noticed a young child in a car at about 7:30 p.m. and alerted security at the Casino Calgary who called fire crews to apprehend the child from the car. Police say that's when

the man noticed fire crews and came out of the casino.

Sgt. Lionel Busch of the Child at Risk Response Team (CARRT) says the child remains with social services while they decide if charges will be laid under the given circumstances.

"The video of him entering the casino in comparison of when he exits ... was approximately 20 minutes," Busch said.

Busch said there were five instances in 2009 where children were ap-

prehended from vehicles unattended, and two

of them were casino-related.

"The length of time ... varied from 20 minutes to four and a half hours; the age of the child varied from newborn to three years old."

No charges have been laid yet pending further investigation.

Police are investigating an incident in which a child was left alone in a car outside this northeast Calgary casino.

KRISTA SYLVESTER/METRO CALGARY



m.metronews.ca



Scan this barcode for more Local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page



CalgaryObits.com
notes the following deaths in our community:

- BEARSPAW, Colleen Andrea (Nonay)
- BELL, Anita Thelma (nee Turner)
- CAMPBELL, John Waring
- CHOW, Shuet Mui Alice
- FOLKMAN, Elizabeth
- FONTEYNE, Gladys Joan
- FOWLIE, Lyle Weldon
- FRIEDRICH, Eitel John
- GALLAGHER, Brian Eugene
- HORNE, Margaret Jacqueline (Peggy)
- HUCK, Kevin Andrew
- KOHNNEN, Helmut Bernard "Hal"
- KOTOWSKI, Martin August Anton
- MCAULAY, Maureen Lynn
- MCLEOD, Douglas Hugh
- MORAN, (Hollie) Olwen (nee Howell)
- NIELSEN, Ib Palle Alfred
- NORTHOTT, William Frank
- OMELUSIK, Jean Martha
- REILLY, Marguerite Isabelle (Craigie)
- RIEGER, Adrien Joseph
- ROSSI, Shirley Eileen (nee Vessey)
- ROSYCHUK, James (Jim)
- SEIDEL, Katherine
- SMITH, Ramona June
- SNIDER, Gloria Jean (Marietta)
- SWEETNAM, Victor Samuel
- TAYLOR, Gloria Jean (nee Jahnke)
- TRENHOLME, John Douglas
- WIRSTA, Steve

For full obituaries go to
CalgaryObits.com

KY INTIMACY EXPERIMENT™

Watch three Canadian couples rediscover just how much fun intimacy can be. Then experience it for yourself at youtube.com/ky

Talks on neighbourly pacts set

Committee to discuss agreement for treatment centres

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Good fences don't always make good neighbours. In many cases a handshake and understanding are better.

Good Neighbour agreements for drug and alcohol treatment centres will be discussed today at the Land Use, Planning and Transportation committee, after a report examining possible land use changes for the facilities.

"Basically, it's an agreement between the facility and the community that encourages good will and mutual understanding," Pincott said, adding council can't enforce them.

"From our perspective, we just think they are very beneficial and we encourage future facilities that may have some concerns surrounding them look into those agreements."

Pincott pointed out how beneficial an agreement was for the Fresh Start Re-



Ald. Brian Pincott thinks the Second Chance Recovery Clinic, pictured here, may have benefited from engaging community partners in a good neighbour agreement.

covery Centre, signed in November 2009, in the communities of Greenview, Highland and Thorncliffe, and executive director Mr. Stacey Petersen agreed.

"It was a long process but it was a necessary one to build future relations and alleviate the concerns

of the community," Petersen said, adding the agreement builds credibility and trust.

Pincott said the Second Chance Methadone Clinic may have benefited from a similar contract, having been forced out of two locations due to community uproar.

Even in its new location at Foothills Industrial Plaza, some nearby businesses have their concerns, including one store owner, who wished to remain anonymous.

"Nothing major has happened but we still feel a bit uncomfortable about it," she said.

\$2.5M for kids cancer research

FUNDING Kids cancer research got a big boost yesterday, with \$2.5 million provided to the Alberta Children's Hospital Foundation by the Kids Cancer Care Foundation of Alberta.

The money will help fund research at the ACH, and the Alberta Children's Hospital Research Institute for Child and Maternal Health and the South-

ern Alberta Cancer Research Institute — both at the U of C.

"(Kids Cancer Care Foundation's) gift will go a long way to help our team discover new treatments and cures that will extend beyond cancer, beyond kids, and well beyond Calgary," said Saifa Koonar, president and CEO of the ACHF.

METRO CALGARY

News in brief

UN CONFERENCE Calgary will be one of 166 cities throughout the world hosting events under the banner of Global PechaKucha Day for Haiti to raise funds to build schools and community centres in Haiti through the global charity Architecture for Humanity. Speakers include Calgary architects, planners, individuals and organizations at the forefront of disaster relief and rebuilding efforts around the world. Please visit <http://www.pechakucha.org/pechakucha-for-haiti> for more information on the event.

INVESTIGATION Members of the RCMP General Investigation Service and an independent observer from Cochrane's

Protective Services Advisory Committee will investigate an alleged break and enter involving an off-duty RCMP officer on Sunday in Cochrane.

TOW TRUCKS Tow hooks were prepped and ready to roll yesterday as the city rolled out its stand-by tow truck service on select city roadways during peak hours. The tow trucks will be in the areas of Crowchild Trail at the Bow River crossing; Memorial Drive between Deerfoot Trail and Downtown; Macleod Trail South from Anderson Road to 162 Ave S.W.; Glenmore Trail between Crowchild Trail and 14 St S.W.; and along Deerfoot Trail.

METRO CALGARY

IT'S TIME TO VOTE!

canadianimmigrant.ca

Vote for Canada's Top 25 Immigrants

Vote today and be entered for your chance to win a \$500 visa card issued by Royal Bank of Canada.

Chance to
WIN \$500
Visa Gift Card

canadianimmigrant.ca/top25

Presented by

In association with

Media Partners

© Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.
* Registered trademark of Visa International Service Association. Used under license.

PARENTS AND STUDENTS JOIN US FOR A FREE

INFORMATION TECHNOLOGY INFO SESSION

GOOD IT PROFESSIONALS ARE HARD TO FIND

Now is the time to train in one of SAIT's accelerated, skills-based FAST TRACK Information Technology programs and launch your career as an IT professional in just 8 months!

Seats are available for the following programs:

- Business Intelligence: Data Analysis and Reporting
- Database Administrator
- Technology Infrastructure Management
- Network Technician
- Object-Oriented Software Developer

JOIN US ON WEDNESDAY, FEBRUARY 17 AT 7:00 PM IN ROOM MD 321 IN THE HEART BUILDING. CALL 403.284.7149 OR E-MAIL: FAST-TRACK@SAIT.CA TO CONFIRM YOUR ATTENDANCE OR FOR MORE INFORMATION.

SCHOOL OF INFORMATION AND COMMUNICATIONS TECHNOLOGIES

FURTHER YOUR PASSION

Guilty man not entrapped: Ruling

A judge has ruled that a man found guilty of terror offences as part of the so-called Toronto 18 was not entrapped. **THE CANADIAN PRESS**

Canada



CMA says no to in-flight pets

An editorial in the Canadian Medical Association Journal says airline passengers with pet allergies should not be forced to share cabin space with dogs and cats. Last summer, Air Canada changed its policy to allow small pets to travel in the cabin, aligning itself with a WestJet policy. The Canadian Transportation Agency has since received passenger complaints, and is currently reviewing them.

THE CANADIAN PRESS

News in brief

HOUSING Finance Minister Jim Flaherty is tightening mortgage rules to crack down on speculators and discourage homeowners from taking on too much debt. The minister said he is responding to growing concerns that Canada's housing market is overheating, although he stresses there is no bubble in Canada's real-estate market — yet.

POLITICS A new poll suggests Conservatives and Liberals are locked in a tug-of-war for voter support. The Canadian Press Harris-Decima survey gives the Tories a slight edge at 32 per cent to the Liberals' 30 per cent.

THE CANADIAN PRESS

m.metronews.ca



SCANLIFE
Fake news pundit Stephen Colbert arrives in B.C. to take aim at Canadian "syrup-suckers." Scan this code for the story.

Worst Games ever? Not so, says COC

VANCOUVER 2010 Games

Olympic officials are dismissing suggestions from British media that the Vancouver Olympics are among the worst Games in history.

Earlier this week Britain's Guardian newspaper carried a story on its website with the headline: "Vancouver Games continue downhill slide from disaster to calamity."

The Games opened on the same day that a Georgian luger was killed in a training accident while weather issues have forced delays and cancellations in Whistler and Cypress. Even ice resurfacers have broken down at the Richmond speedskating oval.

Games officials were also

Cancellations

• Another day, another cancellation on Cypress Mountain. More Olympic standing room tickets have been cancelled as rain continues to turn the troubled venue into a muddy mess.

forced to close the general admission section of the snowboarding venue because wet weather rendered the area unsafe. There have also been transportation issues.

But International Olympic Committee spokesman Mark Adams says he believes the Games have been very well organized, and a VANOC spokesman says they are dealing with cards they've been dealt.

Canadian Olympic Com-



DAIRY DRICK/THE CANADIAN PRESS

Fog shrouds the venue and heavy rain falls as spectators arrive for the women's snowboard cross competition at the 2010 Vancouver Olympic Winter Games at Cypress Mountain in West Vancouver, B.C., yesterday. The start of qualifying had been delayed by fog.

mittee president Michael Chambers agrees that these are still great Games despite the problems.

Chambers says Vancouver residents and Canadians in general have embraced the Olympics and

media critics are not experiencing the same Games as he is.

THE CANADIAN PRESS



a division of Morrison Homes

Calgary's Builder of the Year
for 8 Consecutive Years

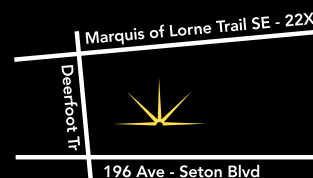
Customer Choice Award
for 4 Consecutive Years

DISCOVER MORE SPACE INSIDE AND OUT.

Don't wait any longer to buy your new single family Discovery home.

Our Inhabit Series in Auburn Bay gives you more space inside and outside your home at a price you won't believe.

Visit us in the desirable SE lake community of Auburn Bay where you'll find a 43 acre freshwater lake combined with four-season activities to keep you busy all year



VISIT OUR
SHOWHOMES TODAY

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Word on the street: What is your favourite Winter Olympic sport to watch?

Holly Singer
Calgary

A: Downhill skiing, because of the difficulty.

Lance Lefebvre
Calgary

A: Moguls.

Donna Safatli
Timberlea, N.S.

A: Figure skating. I just like the movements. I usually watch pairs.

Dimitri Jager
Switzerland

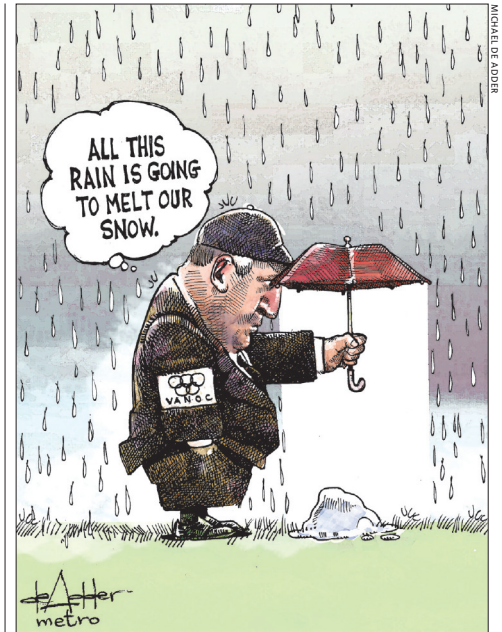
A: Because I play hockey, I'll have to go with that. But I don't like the fighting here. In Switzerland, we don't fight at all.

Angela Lees
Ottawa

A: I like the moguls, because of the tricks they do off the ramp. And I like them more since we won gold.

Alan Colley
Toronto

A: I'd say snowboarding. I taught snowboarding in Whistler for a year. I helped train with aboriginal youth.



We Know What You're Thinking

72%

The number of Canadians who are concerned about falling victim to identity theft.



IPSOS REID

See metronews.ca for Paul Sullivan's The West View – Priceless hug washes away early woes

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 – 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7, Tel: 403-444-0136; Fax: 403-539-4940; Advertising: adinfo@metronews.ca; calgary_distribution@metronews.ca; News: darren.krause@metronews.ca

Apartment Finder

To advertise contact Warren Smith at 403-539-4948

**9100 BONAVENTURE DR.
CALGARY, AB
403•774•7074**

**One Bedrooms from \$899
Two Bedrooms from \$1074**

FREE MONTH'S RENT

- Located in the residential area of Acadia
- Short drive to downtown
- Family friendly low-rise with playground & beautiful courtyard
- Adult-only high-rise

www.caprent.com

"I LOVE THIS PAPER"

"This app is a great way to read Metro when on the go" – Real user review

The free Metro Canada application is available on the App Store.

Don't have an iPhone or iPod touch?
Visit m.metronews.ca for news on the move.

metronews.ca

Available on the App Store

realstar management IT'S YOUR HOME – WHY LIVE ANYWHERE ELSE?

Calgary Place Apartments

1 & 2 Bedrooms
Gym and Games Room
Downtown Property
Utilities Included
1-877-570-7025

Royal View Apartments

Beltline Area
1 & 2 Bedrooms
Gym and Sundeck
Close to 17th Avenue
1-877-572-1835

Glenmore Heights

1 & 2 Bedrooms
Gym, Social Room and Library
Close to Chinook
Utilities Included
1-877-617-9803

Iraq remains most at risk for terrorism: Report

Iraq is the country most at risk from terrorist attacks for the second straight year, according to a ranking by global analysts Maplecroft, while Thailand has joined the nine countries most in danger for the first time. **THE ASSOCIATED PRESS**

7

World



Clinton: Iran nuke would trigger arms race

If Iran gets a nuclear weapon it could trigger a nuclear arms race in the Middle East, U.S. Secretary of State Hillary Clinton said yesterday. Clinton, speaking at a women's college in Saudi Arabia said that Iran's secret construction of a uranium enrichment facility was an example of how Iran had violated its obligations to not pursue nuclear weapons.

THE ASSOCIATED PRESS

U.S. units link up in Marjah battle

AFGHANISTAN U.S. Marines moving by land from the north linked up yesterday with American units that have faced nearly constant Taliban attack in the four days since they were dropped by helicopter into an insurgent stronghold in southern Afghanistan. U.S. artillery also fired non-lethal smoke rounds to disperse Taliban fighters in Marjah — the first time cannons have been used in the fight to drive the militants from their logistical and opium poppy-smuggling base.

THE ASSOCIATED PRESS

m.metronews.ca



Cold didn't stop thousands from packing the streets with booze and beads as New Orleans marked Mardi Gras. Scan this code for the story.

White House scores win with Taliban capture

Former U.S. vice-president Dick Cheney has been unrelenting in his criticism of the Obama administration's attempts to fight terror, accusing the White House once again recently of weaknesses that are leaving America vulnerable to another large-scale terrorist attack.

And yet news emerging yesterday undoubtedly left Cheney and his congressional Republican supporters red-faced. Just two days after Cheney levelled his most recent assault, it was reported that the Taliban's top military commander was captured more than a week ago in a secret joint operation by Pakistani and U.S. intelligence forces.

Afghanistan's Mullah Ab-

Bin Laden close?

• Mullah Abdul Ghani Baradar's capture has led some to speculate whether Osama bin Laden himself could be within reach more than eight years after the 9-11 mastermind famously escaped U.S. forces in the Afghan mountains at Tora Bora in December 2001.

dul Ghani Baradar is considered the most significant Taliban figure to be detained since the war in Afghanistan began in 2001. He is ranked second in importance only to Mullah Muhammad Omar, who founded the Taliban and was a close associate of Osama bin Laden's before 9-11. From a political perspec-

tive, the timing of Baradar's capture couldn't have been sweeter for the White House, which has long been vexed by Cheney's barbs.

On Sunday, the former vice-president criticized the administration's policy of seeking out and killing key terrorists, saying such an approach means no intelligence can be extracted from them. Vice-President Joe Biden was dispatched by the White House to dispute Cheney during his own appearances on the Sunday morning talk-show circuit. Biden called his predecessor "factually, substantively wrong" in his criticisms.

"Dick Cheney's a fine fellow, but he is not entitled to rewrite history without it being challenged," Biden said.

THE CANADIAN PRESS

Britain Pancake Tuesday



Child runners race their pancakes through the town of Olney, England, during a pancake race yesterday. Olney's famous race is run every Shrove Tuesday, dating back to 1445.

News in brief

BRITAIN A veteran British TV reporter claimed on the air yesterday that he had used a pillow years ago to smother a lover who was dying of AIDS, adding a startling contribution to the country's debate on mercy killing. Nottinghamshire Police said it would investigate

Ray Gosling's claim. Gosling, 70, told the BBC he smothered the man in his hospital bed to spare him pain. "He'd been my lover and he got AIDS," Gosling said. "He was in terrible pain ... I picked up the pillow and smothered him until he was dead."

THE ASSOCIATED PRESS

GRAND OPENING

BONUS 3 MONTHS UNLIMITED LOCAL CALLING!

to the first 100 people activating a new 3 year term

LIMITED TIME ONLY!

Wed, Feb 17th - Sun, Feb 21st, 2010



BlackBerry® HS-655+ Wireless Headset Value \$149.99

FREE BLUETOOTH HEADSET! to the first 10 customers who activate a BlackBerry® Smartphone.



Rogers Plus - Chinook Centre
6455 Macleod Trail



The Dalai Lama says he is happy about meeting with U.S. President Barack Obama in Washington later this week. China has urged the U.S. to cancel the meeting, saying it would damage relations between Beijing and Washington. **THE ASSOCIATED PRESS**

Less than 100,000 U.S. soldiers left in Iraq

Troop level lowest since invasion as election nears

The number of American soldiers in Iraq has dropped below 100,000 for the first time since the 2003 invasion in a clear signal the U.S. is wrapping up its nearly seven-year war to meet a deadline for leaving the country, the military said yesterday.

The troop reduction comes at a critical time in Iraq as Washington questions the shaky democracy's ability to maintain security in the tense period surrounding March 7 parliamentary elections. Those concerns have only grown with a decision by a vetting committee to bar hundreds of candidates from running because of suspected ties to Saddam

Hussein's outlawed Baath party.

The U.S. military plans on maintaining its current 98,000 boots on the ground in Iraq through the elections, said 1st Lt. Elizabeth Feste, an army spokeswoman in Baghdad.

That's in line with what Gen. Ray Odierno, the top U.S. commander in Iraq, has said would remain in place until at least 60 days after the election — a period during which he believes Iraq's new government will be at its most vulnerable.

International observers fear tension between the Shiite-dominated government and minority Sunnis may spill into the streets,

Independent Iraq

• Iraqi Prime Minister Nouri al-Maliki is running for re-election on a promise to make Iraq independent from U.S. military help. He said yesterday that the U.S. cannot expect to use Iraq as a launching pad for military action in the Middle East.

re-igniting sectarian violence that could threaten the planned withdrawal.

U.S. President Barack Obama has ordered all but 50,000 troops to leave Iraq by Aug. 31, 2010, with the remainder pulling out by the end of next year under an Iraqi-American security deal. **THE ASSOCIATED PRESS**

Colombia One squirrelly surrogate



Tito, a female cat, feeds Firulais, a baby squirrel, in Envigado, Colombia, yesterday. According to its owner, Ruben Dario Gaviria, the cat seems to have adopted the small rodent, breastfeeding and caring for the animal since December 2009, when Gaviria brought it home after finding it alone and injured on a tree branch.

Offer Ends Soon!



Memberships Starting at \$19!*

Experience Your Best!

www.worldhealth.ca | 310-TRIM

9 convenient locations in Calgary! Also 10 great clubs in Edmonton!

*Bi-weekly payments. Membership fees apply



Voted Calgary's #1 Fitness Club

Ukrainian mayor denies daughter robbed of pricey jewelry

PARIS The daughter of Kyiv's mayor told police she was robbed of \$5.5 million US worth of jewelry as she travelled by car from Charles de Gaulle airport to Paris, city police said yesterday.

A spokesman for her wealthy father, however, immediately denied the report, which could be embarrassing considering that his daughter heads a charity organization funded by his own city government and many Ukrainians are struggling amid a widespread recession.

A Paris police official said Kristina Chernovetska reported that a man broke into her luxury car Monday as it stopped on a highway north of Paris, then stole her purse.

Chernovetska reported the incident to authorities and said the purse contained the valuable rings and earrings, the official said.

The official was not authorized to be named according to police policy and gave no further description of the jewelry.

A spokesman for Kyiv

"This is somebody's bad joke. We completely deny these reports about a robbery."

Marta Hrymska, mayor's spokeswoman

Mayor Leonid Chernovetsky, however, denied that there was a robbery.

"This is somebody's bad joke. We completely deny these reports about a robbery. There was no robbery," spokeswoman Marta Hrymska said.

Chernovetsky was one of the first banking magnates in Ukraine after the 1991 fall of the Soviet Union

and sold his Pravex Bank to Italy's Intesa Sanpaolo in June 2008.

His term as mayor since 2006 has been marked by persistent corruption scandals, and he has often boasted of his daughter's charity work to bolster his scarred public image. This would be the first public flap involving Kristina.

THE ASSOCIATED PRESS

Rescuers uncertain over fate of climber

WASHINGTON Rescuers struggled against bad weather yesterday to reach a climber who fell into the dormant crater of Mount St. Helens, but they faced uncertain prospects after observers in helicopters reported seeing no movement by the man.

Two attempts to reach climber Joseph Bohlig, 52, of Kelso by helicopter were turned back Monday by winds and fading daylight.

"There was no movement of the head, no attempt to signal," said Lt. Brooks Crawford, the pilot of a coast guard helicopter. He said the man's torso was covered with snow, with his arms, legs and head sticking out.

A helicopter from Whidbey Island Naval Air Station was dispatched yesterday despite lingering clouds and winds on the mountain. An avalanche

68 Bohlig had successfully climbed the volcano 68 times before Monday's accident, local officials said.

danger prevented a ground rescue attempt.

Bohlig had been standing on the rim of the crater with a climbing partner when a snow overhang gave way and he fell about 450 metres into the volcano. Skamania County Undersheriff David Cox said.

Other climbers called 911. Bohlig's climbing partner made it safely down the mountain.

North Country Emergency Medical Services Chief Tom McDowell said two rescuers in a private helicopter were unable to land close to Bohlig on Monday. **THE ASSOCIATED PRESS**

News in brief

CONGO An army of humanitarian organizations has been unable to end years of hunger in conflict-torn Congo. Now a South American research group says it may have found another way to fill hungry bellies: With guinea pigs. Better known as cute pets in Western nations, the furry animals can

be fed kitchen waste and are a relatively low-cost investment compared to other livestock. Crucially, they reproduce quickly, with females giving birth to multiple litters that total 10 to 15 offspring per year.



EARTHQUAKE The main development bank for Latin America says the Jan. 12 quake that rav-

aged Haiti's capital might have caused nearly \$14 billion in damage. The study released yesterday says the magnitude-7 earthquake could be the deadliest and costliest disaster on a four-decade-long list.

SHOOTING A professor who survived a deadly university shooting rampage said the col-

league charged in the attack methodically shot her victims in the head until the gun apparently jammed and she was pushed out of the room. Amy Bishop was arrested and charged with one count of capital murder and three counts of attempted murder.

THE ASSOCIATED PRESS



Hello, Canada-wide calling. Goodbye, Canada-wide gouging.



UNLIMITED CANADA-WIDE CALLING

Get our Always Shout Plan and call anywhere in Canada from any WIND Home Zone and pay no long distance.

ALWAYS SHOUT

\$45/month

Unlimited Canada-wide calling from any WIND Home Zone

Unlimited text (CA/US)

Call Control (caller ID, missed call alerts, call forward, call conferencing, call waiting, call hold)

Voicemail

BlackBerry® Bold™ 9700 Smartphone
Full QWERTY keyboard, new touchpad input,
3.2MP camera, Wi-Fi™, GPS, Bluetooth®,
microSD™ slot for up to 32GB of memory

CHECK OUT OUR UNLIMITED DATA PLANS



WINDmobile.ca

1-877-WIND-403



WIND™
The Power of Conversation™

L'Oreal shares fell yesterday after the cosmetics company reported an eight per cent drop in profit last year due to weaker demand amid the economic downturn. The Paris-based company said full-year profit was \$2.46 billion US, down from \$268 billion the year before. **THE ASSOCIATED PRESS**

Business	DOLLAR	GAS	OIL	TSX
	 US 95.83¢	 US \$5.31	 US \$77.01	 11,586.37
	US .5¢	US 15.8¢	US 2.88¢	116.56

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

U.S. investigates Toyota

The U.S. Transportation Department demanded documents related to Toyota's massive recalls in the United States yesterday to find out if the automaker acted swiftly enough.

Toyota, meanwhile, said it will idle production temporarily at Texas and Ken-

tucky plants over concerns the recalls could lead to big stockpiles of unsold vehicles.

The legal documents demand that Toyota tell the government when and how the company learned of the safety defects in millions of vehicles over the

entrapment of gas pedals by floor mats and sticky accelerators. The demand was delivered to Toyota yesterday and the company must respond within 30-to-60 days or face fines.

The government investigation and production halts at Toyota's assembly

plants represented another sign of the ripple effect the recall of 8.5 million vehicles has had on the world's number 1 automaker. Toyota said it was halting production temporarily in San Antonio, Texas, and Georgetown, Ky.

THE ASSOCIATED PRESS

Transport drives up manufacturing sales

ECONOMY Manufacturing sales rose 1.6 per cent in December to \$43 billion, largely on the strength of sales in transportation equipment.

Statistics Canada reports it was the sixth increase in overall manufacturing sales in seven months and the highest level since December 2008.

The agency says aerospace products and parts, motor vehicles and petroleum and coal products also recorded significant gains.

Constant-dollar manufacturing sales increased 2.1 per cent in December as sales advanced in 11 of the 21 manufacturing industries.

THE CANADIAN PRESS

m.metronews.ca



SCANLIFE
Texas governor disputes U.S. agency's ruling about the harmful effects of greenhouse gas emissions. Scan this code for the story.

Have LASIK Now. Take Until 2015 to Pay!

LASIK MD
VISION

LASER VISION CORRECTION
Starting at

\$490  /eye*

Take 5 Years to Pay!†

2015

Dr. Richard Leger
MD, FRCSC
40 000 procedures

FREE Consultation: 403-444-4444
www.lasikmd.com
CALGARY: 734, 7th Avenue SW, Suite 900

Consumers' Choice Award 2008 & 2009 for Business Excellence

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.
† 60 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

Halifax | Montréal | Ottawa | Toronto | Winnipeg | Edmonton | Vancouver

YOU COULD WIN 1 of 5 3GS iPhones

(Already got one? Be a hero & give it to your BFF!)

For your chance to WIN, follow "Metro News" on Foursquare and unlock the Metro badge by checking in every morning near where you pickup your Metro.

New to Foursquare?
Join for free at foursquare.com or on your mobile at m.foursquare.com or by downloading the iPhone app in the App Store.

Foursquare lets you share your location with friends and rewards you for exploring your city! Users earn points, win mayorships and unlock badges for trying new places and revisiting old favourites.

No purchase necessary. Contest open to Canadian residents of legal age. Contest closes February 28, 2010 at 11:59pm. Odds of winning depend on number of entries received. Winners will be randomly chosen from people who have unlocked the badge. Value of prize is \$699 each. For full contest rules and details, visit www.clubmetro.com.

Beef up your future with a 2% interest rate.



Earn 2% interest on all new deposits between January 1 and April 30, 2010* with any of these three President's Choice Financial® registered savings accounts:

- Tax-Free Interest Plus™ savings account
- Interest Plus™ RRSP • The World's Best™ RRSP

It's easy. We'll† help you. Talk to us.



Visit an in-store pavilion, click on pcffinancial.ca/savings or call 1-888-236-6315.

*This is a combined promotional and regular annual rate paid on new balances to President's Choice Financial Eligible Accounts during the offer period. "Eligible Accounts" include The World's Best RRSP, Interest Plus RRSP and Tax-Free Interest Plus savings account. The promotional and regular interest rates may change at any time without prior notice. Ask a President's Choice Financial personal banking representative for current rates. How it works: The regular Eligible Account rate is paid on the full daily closing balance. In addition, when an Eligible Account's monthly average of its daily closing balance exceeds its December 31, 2009 closing balance (the difference between the two balances is a "New Balance"), the New Balance earns a bonus rate for that month.

©™ PC, President's Choice, PC Financial, President's Choice Financial, The World's Best and Interest Plus are trademarks of Loblaw's Inc. CIBC is a licensee of the marks.

†President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Oil prices jump above \$77 a barrel

Oil prices spiked above \$77 US a barrel yesterday as the U.S. dollar weakened and the stock market climbed on upbeat economic news. **THE ASSOCIATED PRESS**

business 11Cellphone show **Nvidia unveils new tablet**

A new tablet, the N98 tablet by Nvidia, is seen at the Mobile World Congress in Barcelona, Spain, yesterday. The world's largest cellphone trade show ends tomorrow.

Expanding capacity

Timminco looking at new plant in Iceland

Timminco Ltd. is looking to boost its capacity for producing silicon with a proposed new plant in Iceland, the Toronto-based specialty metals producer announced yesterday.

Timminco's shares jumped more than 10 per cent to trade at \$1.18 after the announcement, but the stock remains well below a high of more than \$30 in mid-2008 when the outlook for silicon appeared bright.

Since then, the company has struggled as a lack of financing and fewer govern-

Background

Timminco purifies silicon for use in the aluminum industry and the chemical industry, which includes companies that make solar panels and semiconductors. It also produces solar grade silicon for the solar photovoltaic energy industry.

ment subsidies put pressure on demand for solar power and silicon.

The new plant would have an annual production capacity of 50,000 tonnes

of silicon metal, which would complement existing capacity at Timminco's plant in Becancour, Que.

In October, Timminco said it would restart the third of three furnaces at its Becancour plant, increasing its production capacity by about one-third.

Over the last year and a half, the company was forced to cut production, spin off assets, delay expansion and temporarily cut jobs due to difficult market conditions.

THE CANADIAN PRESS**Business in brief**

ENERGY Pemberton Energy Ltd. plans to spin off its Clinch Energy subsidiary into a separate publicly traded company, which will become operator of the Panny well and related equipment in northern Alberta. Structured as a return of capital, Pemberton's shareholders will get one Clinch Energy share for every five Pemberton shares they own.

THE CANADIAN PRESS

HAVE FUN MAKING MONEY AS AN ACTOR OR MOVIE EXTRA ON CALGARY FILMS?

CONTACT CELIA (403)-521-0077

HOME PHONE LINES

"I Saved Over \$500 Last Year with Comwave!"

Jennifer, Kamloops



ALL FEATURES FREE!

- ✓ **FREE VoiceMail**
 - ✓ **FREE Caller ID**
 - ✓ **FREE Call Waiting**
 - ✓ **FREE Call Forwarding**
- ...and much more!**

ENHANCED	UNLIMITED CANADA	ONE-RATE	GLOBAL
\$14.95 /MONTH UNLIMITED LOCAL CALLING	\$19.95 /MONTH UNLIMITED CALLING TO CANADA	\$29.95 /MONTH UNLIMITED CALLING TO CANADA & U.S.A.	\$39.95 /MONTH UNLIMITED CALLING TO 25 COUNTRIES WORLDWIDE!

Home Phone Video

*Around the Corner or Across the Globe...
with Video It's Just Like Being There*



VIDEO Is Here

comwave®

1-866-935-3569

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP P11 has certain limitations versus traditional P11. The rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your Video Phone service no questions asked. The Video Phone is valued at \$150, and is a one time purchase. Video can be added to any comwave home phone plan for only \$4.95/month. Features include video voicemail and unlimited video calling. Home Phone plan is limited to 3000 minutes per month. Extra minutes used will be billed at 3.99 cents per minute. Unlimited Canada plan does not include calls to the Yukon, Northwest or N.W.T. One Rate plan does not include calls to the Yukon, Northwest, N.W.T., Hawaii or Alaska. Rate guarantee is based on competitors lowest advertised rate for like services. Terms and conditions apply, see www.comwave.net for details.



**Accelerated Practical Nurse Program
with the benefit of small class sizes**

Opportunities for individualized learning. Experienced, supportive, and caring facilitators have enabled our students to be very successful on the National Licensing exams.

Students may be eligible for FREE pre-requisite English, Math, and Biology courses.

Information Sessions are available most Monday mornings and Thursday Evenings. Call today - 403-648-2265!

Proud sponsor of the 2010 CLPNA Spring Conference.

802 Manning Rd N.E. Calgary, AB www.columbia.ab.ca



According to a recent TD retirement savings poll, 52 per cent of working Canadians under 65 are scared they haven't saved enough money for a comfortable retirement. **METRO NEWS SERVICES**

RRSP Guide



Don't forget

The deadline for making contributions to your Registered Retirement Savings Plan (RRSP) for the 2009 tax year is March 1, 2010. That means you only have 12 days left!

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Save taxes with spousal RRSPs

RAFAEL BRUSILOV
for Metro Canada

Spousal RRSPs can be a powerful tool for couples to generate more money during retirement while paying lower income tax.

While it may sound complicated, a spousal RRSP is

Next week's lineup

LAST-MINUTE TIPS For advice on investing before the deadline and planning ahead for next year, pick up Metro's next RRSP Guide on Feb. 24.

simply an RRSP for which you use some or all of your RRSP contribution room to benefit your spouse.

David Ablett, director of tax and retirement planning at Investors Group, says ultimately the spousal RRSP is a great tool for couples to save on taxes and garner the benefits of income-splitting if one of them earns a significantly higher income than the other.

"It's a way to equalize the retirement income for the couple and generate more retirement income

in the hands of the lower-income spouse," Ablett said.

The way it works is simple: The lower-income earner opens an RRSP in his or her own name, but with their spouse as contributor. That spouse can then contribute to that spousal RRSP up to a limit based on their own, much higher income, rather than the first spouse's lower income. That means more money put away for the lower-income spouse and tax savings for the higher-income spouse, a doubly beneficial arrangement.

If the higher-income earner's marginal tax rate was 40 per cent, for instance, he or she could initially save \$4,000 by contributing \$10,000 into a spousal RRSP. Plus, if the eventual payout is put at an even lower marginal tax rate, the couple could benefit from an even higher tax deduction and thus save even more money.

Bottom line: A spousal RRSP can reduce a couple's tax bill by shifting money to the lower-income spouse for a lower tax rate, while potentially helping

"It's a way to equalize the retirement income for the couple." David Ablett

to maintain Old Age Security benefits by keeping each partner's retirement income low enough to avoid clawbacks.

The total RRSP contribution space of the higher-income earner still applies to all contributions he or she makes into either their own or their partner's spousal RRSP. Even though you can't go over your natural contribution totals, the result is still a more efficient use of money.

However, there is a government-imposed restriction to be aware of, Ablett says. Any money the lower-income holder of the RRSP withdraws from the spousal RRSP within the first three years stays taxable in the hands of the contributor — meaning the couple gains no benefit from the spousal RRSP arrangement.

"People who are saving for the long term with spousal RRSPs should try to determine when they

need to take a payment from their spousal RRSP, and three years before that time, stop making contributions into that spousal RRSP," Ablett said.

Spousal RRSPs allow you to use some or all of your contribution room to benefit your spouse.



scratch & earn %
up to 3% more



2.00%*

18 Month RRSP/RRIF GIC

Make your investments work harder. Open or renew a RRSP or RRIF GIC and you can Scratch & Earn® a bonus of up to 3% on posted rates! Ask about mutual funds, TFSAs and other investment options.



CANADIAN
WESTERN
BANK

The Working Bank™

Calgary Main
403.262.8700

Chinook Station
403.252.2299

Foothills
403.269.9882

S. Trail Crossing
403.257.8235

Northeast
403.250.8838

www.cwbank.com

* Rates subject to change without notice. Available in branch only. Interest compounded annually. See branch for full details.

4 handy tips for the RRSP season

1 Review your financial plan.

Your financial plan should be reviewed at least once a year to make sure you're still on track to meet your investment and lifestyle objectives.

Meeting with an adviser will help ensure you're in the best position to meet your goals.

2 Borrow to invest.

If you've accumulated RRSP contribution room over the years (this is un-

used RRSP contribution room carried forward from previous years), and you'd like to catch up on these unused contributions, consider borrowing money through a low-rate line of credit — investors can check their Notice of Assessment from the Canada Revenue Agency every year to see how much contribution room they have available.

marginal tax rate. Then, in retirement or earlier, when the other spouse withdraws that money, it will generally be taxed at a lower tax rate. When used correctly, spousal RRSPs can be an effective tool in planning for a couple's retirement.

4 Invest on a regular basis.

Get off to a good start for 2010 by having your money automatically transferred from your bank account to an RRSP or savings fund on a regular basis. It's the easiest, most convenient and disciplined way to reach your goals. By doing this, investors can benefit from dollar cost averaging by purchasing equities or mutual funds throughout the year.

3 Contribute to a spousal RRSP.

A spousal RRSP is an account into which one spouse makes contributions to the other spouse's RRSP who is in a lower tax bracket than the owner of the account. Typically, the higher-income spouse will contribute to a spousal RRSP and receive a tax deduction at a high



RRSP • TFSA • Cash

Non-Leveraged

Be a Real Estate Investor

UP TO 15% RETURN
ON INVESTMENT

For more information:

403-214-2400

www.mrlcompanies.com



TORSTAR NEWS SERVICE

By the numbers

According to a recent TD retirement savings poll, 53 per cent of those who contribute to an RRSP contribute through a fixed monthly deposit; 29 per cent make one lump sum payment a year; and 18 per cent use a combination of the two. **METRO NEWS SERVICES**

Cash in your spouse's hands

JON TATTRIE
for Metro Canada



Spousal RRSPs are a practical means of income-splitting for couples, especially when one earns more than the other.

It allows the higher-income earner to defer taxes right away and reduces taxes in retirement. For those reasons, many experts recommend taking advantage of spousal RRSPs right away.

"Income splitting is just a way to reduce the family's overall tax bill by shifting the income from the higher-income earner to the lower-income earner, so that the same amount is taxed at the lower rate," explained Dana Scott of Dana Scott Wealth Management in Halifax.

She added the caveat that the contributed funds must be retained in the spousal RRSP for at least three years to avoid taxation at the higher income level.

In retirement, the couple can take income from two RRSPs, instead of just



The spousal RRSP makes sense for those who retire before the age of 65 and want to split income at that point, experts say.

one, lowering the overall tax bill. Rules on income-splitting introduced by the federal government in 2007 took away some of the advantages of spousal RRSPs, but Scott says they still serve a function.

"The spousal RRSP still makes sense, in my view, for those who retire prior to 65 and want to split income at that point," she said. Income-splitting rules aren't as generous as

spousal RRSPs because they have a 50 per cent limit. With a spousal RRSP, you can put all of that income into your spouse's hands, she said.

Common-law or married couples are eligible for the spousal RRSPs, but they don't increase the yearly RRSP limit.

Scott says spousal RRSPs are also useful if the higher earner is going to receive government benefits

"If one spouse did not have a pension, I'd recommend using spousal RRSPs for sure."

Alf Staniforth

sooner because they're older or if they have other sources of income.

Then, it's important to put as much income as you can into your spouse's hands.

Alf Staniforth, a senior financial adviser with Asante Wealth Management in Ottawa, said he advises clients to consider spousal RRSPs at any age. It can have particular advantages as you approach retirement.

"If a spouse is younger and the (older) individual turns 71, they still can still make RRSP contributions as a spousal RRSP because the spouse is younger and hasn't reached the cut-off point yet," he explained.

"If one spouse did not have a pension, I'd recommend using spousal RRSPs for sure," he added.

The ins and outs of spousal RRSPs

Metro presents a few frequently asked questions and answers, compiled with the help of David Ablett, director of tax and retirement planning at Investors Group:

• **What is a spousal RRSP?**
It's an RRSP opened in your name to which your spouse contributes to.

• **Why use a spousal RRSP?**
It's a way for a couple with one higher-income-earning spouse to save taxes and equalize retirement income by letting the higher earner contribute money into the lower-income spouse's RRSP where it will be taxed at a lower rate come retirement.

• **Which spouse officially owns the money inside the spousal RRSP?**
The spouse who actually holds the spousal RRSP.

• **How much can I contribute into my partner's RRSP?**
You can contribute to a spousal RRSP money up to your normal RRSP contribution limit. If your income is significantly higher than your spouse's, this could mean significantly more tax efficient-

cies than if you had put all the money into your own RRSP.

• **Who receives the tax receipt for contributions made by a spouse into their partner's spousal RRSP?**

The spouse who contributed the money.

• **What happens if the owner of the spousal RRSP withdraws money from it?**

Any money contributed by the higher-income spouse within the past three years gets taxed at that higher-income earner's tax rate. After three years, any money withdrawn gets taxed at the RRSP owner's tax rate.

• **What happens if the holder of the spousal RRSP dies?**

A spousal RRSP allows the contributing spouse to make one final contribution in the year of death.

• **What if one spouse is older than the other?**

Normally, individuals can't contribute to RRSPs after age 71, yet spousal RRSPs allow spouses to contribute until the holder of that spousal RRSP reaches the age of 71.

— RAFAEL BRUSILOV
/FOR METRO CANADA

Avoid rushed decisions, not your RSPs.

With the *Scotia Money Master for RSPs*® earn a 2%* interest rate on your contribution today.

A great place to grow your retirement savings until you're ready to decide how you want to invest them. And, when you are ready, a Second Opinion from a *Scotia*® advisor can help get your retirement plan back on track.

scotiabank.com/moneymasterrsp

You're richer
than you think.®

 **Scotiabank Group**®

® Registered trademarks of The Bank of Nova Scotia. The Scotiabank Group includes The Bank of Nova Scotia, The Bank of Nova Scotia Trust Company, Scotia Asset Management L.P., Scotia Asset Management U.S. Inc., ScotiaMcLeod Financial Services Inc., Scotia Securities Inc., and Scotia Capital Inc. Scotia McLeod is a division of Scotia Capital Inc., a member CIPF.

* Conditions apply. Please read the Terms & Conditions. Annual interest rate effective as of February 1, 2010. Rate subject to change at any time. Interest is calculated daily on your closing principal balance, reported monthly and paid to your account on June 30th and December 31st each year. We reserve the right to extend or cancel the offer at any time.

New York Jets quarterback Mark Sanchez is scheduled to have surgery today to repair the patella ligament in his left knee. Sanchez, who led New York to the AFC title game as a rookie, should be completely healthy by the start of training camp in July. **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



Camby traded to Blazers

The Portland Trail Blazers are picking up needed help on the interior, acquiring Marcus Camby, left, from the Los Angeles Clippers in exchange for guard Steve Blake and forward Travis Outlaw. The deal also includes cash going to the Clippers.

THE ASSOCIATED PRESS

Argos, Lions make free-agent splash

CFL The Toronto Argonauts didn't wait long to dip into the CFL's free-agent waters.

The Argos signed cornerback Byron Parker and offensive lineman Cedric Gagne-Marcoux yesterday. Parker spent most of last season with the Edmonton Eskimos while Gagne-Marcoux was with the Hamilton Tiger-Cats.

Both Parker and Gagne-Marcoux had their previous CFL deals expire at 12:01 a.m. ET yesterday, meaning they were free to sign with any team.

The B.C. Lions also got into the act, signing defensive lineman Keron Williams, who helped the Montreal Alouettes win a Grey Cup title last season.

Parker, who was also in conversation with Hamilton, said his familiarity with Toronto played a role in his final decision. Parker spent his first four CFL seasons with the Argos before being dealt to Edmonton last year.

"I love it there," Parker said. "I'm familiar with the city and the people are familiar with me."

"I have people up there who I consider my family. And it's also easy for my

family to get in and out of, as far as if they want to drive up or if they want to fly up."

Earlier, the Argos announced they re-signed veteran receiver P.K. Sam, hours before he was slated to become a free agent. And the Saskatchewan Roughriders also re-signed long-snapper Jocelyn Frenette, offensive lineman Marc Parenteau and fullback Chris Szarka.

Also, the Ticats dealt all-star defensive back Chris Thompson to Edmonton for receiver Maurice Mann. Toronto posted a league-worst 3-15 record last season and missed the playoffs for the second straight year.

Much of Toronto's struggles last year came because of an anemic offence that finished last in scoring total yards, yards rushing and sacks allowed and was second-last in yards passing.

Gagne-Marcoux, 27, of Baie-Comeau, Que., should also have no trouble stepping into the lineup as he's very good friends with current Argos offensive linemen Dominic Picard and Taylor Robertson.

THE CANADIAN PRESS

Wives pitch in

Spouses help McGowan, Marcum recover

It wasn't a sense of duty that led both Shaun Marcum and Dustin McGowan to credit their wives with having the biggest influence on their respective comebacks to the Jays' starting rotation.

Both were simply admitting the truth. No one knows the two right-handers better than their better halves, and when it came to facing career threatening surgeries at a young age, no one was better equipped to guide them through it.

"My wife told me every day that things would get better, that it would be all right," McGowan said in Dunedin, Fla., yesterday as several big leaguers and prospects continued workouts in advance of Monday's mandatory reporting date for pitchers and catchers.

McGowan arguably needed to hear that more than Marcum, largely because his injury — a torn labrum in his right shoulder — can spell the end of the line for a pitcher.

McGowan last pitched in the major leagues in July 2008. McGowan began throwing again last May, but reports on his progress were never good. About a year after his shoulder surgery, doctors discovered cartilage damage in his knee and prepared him for another operation.

Six weeks later, he began



Blue Jay Shaun Marcum pitches against the Boston Red Sox at Toronto's home opener at the Rogers Centre on April 4, 2008.

m.metronews.ca

Cardinals players anticipate the debut of MLB's most controversial hitting coach, Mark McGwire. Scan this code for the story.

throwing again, but further complications with the knee prompted doctors to shut him down again last October.

Marcum was also in the middle of his rehab from elbow surgery. He had not pitched in the big leagues

since May 2008, and while his comeback was more certain than McGowan's, he wasn't entirely prepared mentally to push himself through the rehab.

The problem was his tendency to eat too much junk food. In general, he didn't eat right, and his wife, Stephanie — who has a degree and a teaching job in nutrition — tried to change his habits.

"She has pretty in-depth knowledge of that stuff, so I didn't eat junk food, I didn't eat out so much," Marcum said.

TORSTAR NEWS SERVICE

Sports in brief

SOCCER Wayne Rooney scored twice in the second half as Manchester United came back from a goal down to beat AC Milan 3-2 in the Champions League last night.

Ronaldinho gave Milan an early lead when he volleyed in David Beckham's freekick, but Paul Scholes brought United level before halftime in the first leg match of the competition's last 16.

NBA Denver Nuggets coach George Karl says he has been diagnosed with neck and throat cancer but was told it is treatable. Karl says he started a six-week treatment yesterday that includes chemotherapy, and the treatment could cause him to miss games and practices.

NFL The NFL Players Association accused the league yesterday of not sharing as much supplemental revenue with its lower-income teams as it is supposed to.

NFL Sebastian Janikowski and the Oakland Raiders agreed on a \$16 million US, four-year deal yesterday that is the richest contract for a kicker in NFL history. Janikowski will be guaranteed \$9 million in the deal, a person familiar with the contract said on condition of anonymity because the team has not announced the signing.

NBA Indiana Pacers centre Jeff Foster will miss the rest of the season after undergoing what the team calls successful back surgery. The team says the procedure was done yesterday at the Indiana Orthopedic Hospital. Foster is expected to make a full recovery and be ready for training camp this fall.

METRO NEW SERVICES

SCOREBOARD

NBA	Detroit 108 Minnesota 85	Portland 109 L.A. Clippers 87
YESTERDAY'S RESULTS	Chicago 118 New York 85	Boston 95 Sacramento 92
New Jersey 103 Charlotte 94	Phoenix 109 Memphis 95	L.A. Lakers 104 Golden State 94
Miami 105 Philadelphia 78	Oklahoma City 99 Dallas 86	
	Utah 104 Houston 95	

TRAIN FOR A CAREER YOU CAN FEEL GOOD ABOUT

CDI COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

Training Students Across Canada for more than 40 Years!

Addictions & Community Services Worker

Early Childhood Education

Intra-oral Dental Assistant

Medical & Dental Office Administrator

Medical Laboratory Assistant

Medical Office Administrator

Medical Records Clerk

Pharmacy Assistant / Technician

Practical Nursing

Rehabilitation Therapy Assistant

Resident Care Attendant

WHY CDI COLLEGE?

► Multiple Start Dates for All Programs

► Small Class Sizes and Supportive Instructors

► Hands-on Skills Training to Make You Job-Ready

► Prepare for the Real World with Practicum Placements

► Personal Financing Options Available

► CALL TODAY - Graduate within Months

cal.cdicollege.ca

1.866.245.6827

Kobe sits again

Kobe Bryant sat out a fourth straight game for the Los Angeles Lakers, missing last night's contest against the Golden State Warriors. **THE ASSOCIATED PRESS**

sports 15

Raps won't make deal just to match rivals: GM

The chatter is too loud and too incessant for something of substance not to happen between now and tomorrow's NBA trade deadline.

But it does not mean that Bryan Colangelo is working any harder to make sure he's got something going just so he can keep up with his rivals in the Eastern Conference.

Sometimes, no deal is the best deal and Colangelo knows it's not always wise to simply react to what someone else does.

So if Phoenix's Amare Stoudemire ends up in the East, either with Cleveland or Miami or even Philadelphia, it won't make the Raptors president and general manager change his mind.

"Not necessarily because, as always, we have to have both a short-term and a long-term view of our particular situations," Colangelo said yesterday.

Stoudemire is the biggest name being bandied about as tomorrow's 3 p.m. deadline approaches, with the Cavaliers and Heat reportedly the strongest suitors.

But there are other names in the pipeline, too, and other moves that might have an impact on the East and Toronto's place in it.

Tracy McGrady to Chicago would be interesting



East All-Star Chris Bosh of the Toronto Raptors shoots against West All-Star Pau Gasol of the Los Angeles Lakers on Sunday at the NBA all-star game in Arlington, Texas.

from a Raptors perspective as would a McGrady-to-New York move. If other teams behind Toronto, like Charlotte or the Heat, make a move, Colangelo wants to avoid trying to just keep up.

"A couple of years ago, it seemed as if there was an arms race out West, if you will," he says, referring to a flurry of activity in 2008 that saw Pau Gasol join the Lakers, Shaquille O'Neal move to Phoenix and Jason Kidd head to Dallas within about a three-week span.

"This year, obviously Dallas making a pretty significant move (to get Caron Butler from Washington over the weekend) seems to be the one that has kind of changed the flow out there."

Colangelo is trying to be as proactive as he can as the deadline approaches, but only within reason. While league sources say he's working as diligently as ever trying to see if there's a move to be made, he categorized talks now as quiet.

TORSTAR NEWS SERVICE

Cal Murphy in hospital

CFL Former CFL head coach and executive Cal Murphy is in hospital in Regina with an undisclosed ailment.

A league official requesting anonymity told The Canadian Press last night that Murphy, a member of the Canadian Football Hall of Fame, was in intensive care and conscious. He had been on life support, but the official said Murphy had since been taken off it.

The reason why Murphy, 78, was in hospital wasn't immediately known. However, he has had a long history of heart problems and underwent a transplant in 1992. Murphy is currently working as a scout with the NFL's Indianapolis Colts, a job he has held since 2000.

Prior to that, Murphy had a long and distinguished career in the CFL, both as a coach and general manager, having been part of nine Grey Cup-winning teams.

THE CANADIAN PRESS

METRO HOCKEY POOL STANDINGS*

Sponsored by



NAME	LOCATION	GP	G	A	PTS
1. Brian B	A, CA	887	376	525	901
2. Jonathon Gremesberger	B, CA	887	376	517	893
3. Shawn Tschirter	A, CA	882	364	524	888
4. Stephanie Warren	N, CA	864	369	516	885
5. Christian Gagnon	N, CA	839	355	524	879
6. Kyle Turk	N, CA	890	370	503	873
7. Dennis MacDougall	N, CA	860	360	511	871
8. Cole Warren	N, CA	872	330	536	866
9. Bernie Horton	O, CA	826	359	505	864
10. Joanne Doiron	N, CA	832	349	513	862
11. Blaine Schlechter	A, CA	852	350	509	859
12. Jordan Camponi	A, CA	838	336	521	857
13. Jean-Paul Osborne	Q, CA	877	350	505	855
14. Grant Greenfield	A, CA	849	380	474	854
15. Darrick Bowden	N, CA	848	338	513	851

* Results exclude Quebec



markerzone.com



WHERE WERE YOU WHEN CANADA WON GOLD?

Whether you were there in person or in spirit, your experience is what counts!

Visit vancouver2010.com/memories and personalize your very own official Olympic photo books, calendars, posters and more! Don't miss out...your memories await!



vancouver2010.com/memories

There was a crucial timing error yesterday for Swedish biathlete Anna Carin Olofsson-Zidek as timekeepers held her back 14 seconds longer than they should have at the start of the race. Olofsson-Zidek finished sixth. **THE CANADIAN PRESS**

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

U.S. downs Switzerland

HOCKEY The youthful U.S. men's hockey team opened the Olympic tournament yesterday with a 3-1 win over Switzerland. Bobby Ryan scored late in the first period, and David Backes and Ryan Malone added goals in the second to help the United States avoid a repeat of an opening-game letdown.

During the 2006 Turin Games, the Americans began with a 3-3 tie against Latvia and never challenged for a medal. "Once I scored, I was able to settle down and come back into my own a little bit," Ryan said.

"You definitely don't want to come from behind early. To get the lead, I think, it settled the game down quite a bit for us."

Ryan Miller, the Buffalo Sabres goalie considered the key to the Americans' chances to reach the medals podium, made 14 saves.

THE ASSOCIATED PRESS

m.metronews.ca



To view a more extensive listing of today's televised Olympic events, scan this code.

Domination nation

Canada cruises to 8-0 win over Norway in opener

JEFF HODSON
Metro Canada

Canada Hockey Place last night, prior to Canada's men's opening game against 11th-ranked Norway, was a powder keg, primed and ready to explode.

And it nearly did. A play-off-esque roar erupted during warm-up as Canada's team of superstars took to the ice to do battle with a Norway team that boasted not a single NHL player.

That the ending was almost predictable — Canada mauled Norway 8-0 — did little to lessen the energy of the 16,000-strong crowd, the vast majority of whom were wearing red-and-white Canada hockey sweaters.

"It was magical," said goaltender Roberto Luongo, who stopped all 15 shots he faced. Chants of "Louuu!" greeted each save.

"It was special. The crowd was unbelievable and loud. It was nice to play in front of an atmosphere like that."

Canada, the second seed in the tournament after Russia, was sluggish out of the gate, its players lumbering and slow. The action on the ice was like watching an energetic kitten (Norway)



Canada's Rick Nash watches the puck cross the line behind Norwegian goalie Pal Grotnes in second-period action last night. Canada won 8-0.

swat at the tail of a bear (Canada), still groggy from hibernation.

"It's an all-star team for the country, but you don't play it like that," said Jarome Iginla, who scored twice in the match.

"It was great to come out at the start and see all those red-and-white jerseys. You

know it's going to be cool, but when you see it, it feels like a totally different place ... It was even more red and white than I had even imagined."

Canada took control late in the first and came on blazing in the second period. Iginla netted his first of the game — a power-play

goal and the eventual game winner — off a feed from Sidney Crosby.

Dany Heatley and Mike Richards also scored in the second and Heatley and Iginla each potted another in the third. Ryan Getzlaf, Corey Perry and Rick Nash also scored in the final period.

Curling nearing a 'crossroads': Martin

CHANGE Kevin Martin doesn't like what he sees on the world curling horizon. Canada is losing its grip on the sport and it may be partially to blame itself.

"I think we're getting to the crossroads ... We've basically been in charge of the game for a long time. I see that clearly

word.

Montreal's Dan Rafael has coached both the Chinese men and women's national teams. In 2008, the Chinese women were runners-up at the world championship and the same foursome improved to capture gold last year.

At last year's world men's championship in Moncton, N.B., China, the United States, France, Japan and Switzerland all had prominent Canadian curlers or coaches as advisers.

Canadian Olympic champion Russ Howard has worked with the Swiss men's team.

And Canadian coaches have helped spread the



Kevin Martin

Move time and space...

SHAW
PEOPLE POWERED

What to watch today

TV Highlights

10 a.m.: Women's curling
Japan vs. Canada (Sportsnet).

Noon: Alpine skiing
Women's downhill gold medal (CTV).

1:30 p.m.: Cross-country skiing
Men's and women's individual sprint classic gold medals (Sportsnet).

3:30 p.m.: Women's hockey
Canada vs. Sweden (TSN).

5 p.m.: Long-track speedskating
Men's 1,000m gold medal (CTV).

6 p.m.: Men's hockey
Sweden vs. Germany (TSN).

6 p.m.: Short-track speedskating
Including women's 500m gold medal (Sportsnet).

7:15 p.m.: Luge
Doubles gold medal (OLN).

8:15 p.m.: Women's hockey
Slovakia vs. Switzerland (Sportsnet).

8:15 p.m.: Snowboarding
Men's halfpipe gold medal (CTV).

VANCOUVER GAMES

Medal Count

NATION	GOLD	SILVER	BRONZE	TOTAL
Germany	3	4	2	9
South Korea	3	1	0	4
Switzerland	3	0	1	4
U.S.	2	2	4	8
France	2	1	4	7
Canada	2	2	1	5
Sweden	2	0	0	2
China	1	1	1	3
Slovakia	1	1	0	2
Czech Republic	1	0	1	2
Netherlands	1	0	0	1
Austria	0	2	1	3
Norway	0	2	1	3
Italy	0	1	2	3
Japan	0	1	1	2
Australia	0	1	0	1
Estonia	0	1	0	1
Poland	0	1	0	1
Croatia	0	0	1	1
Russia	0	0	1	1

On the web

- Up-to-date medal standings and results
- Complete day-by-day event schedule
- Metro-Blenz News Squad on-the-ground blog

Visit metronews.ca for more Games coverage.

THE CANADIAN PRESS

Quebec bid for 2022?

Quebec Premier Jean Charest told an Olympic news conference he'd like to see the 2022 Winter Olympics in Quebec City. **THE CANADIAN PRESS**

**Vancouver Games**

Ricker's gold

KRISTEN THOMPSON
Metro Canada

The sun finally came out at Cypress Mountain yesterday — in more ways than one — when Whistler, B.C.'s Maëlle Ricker nabbed a gold medal in women's snowboard cross, charging across the finish line under a bright blue sky.

It was a vastly different outcome from four years ago, when she barely missed the bronze medal in the 2006 Games.

"Coming home from Torino, I was already thinking about what I was going to do to perform today," a beaming Ricker said after her race. "(That) was a huge motivating factor to work that much (harder)."

Ricker had a shaky start in the first qualifying race when she fell on the slushy run and came in 15th of 24 competitors, many of whom struggled to get down the hill in the thick fog.

But she plowed through her second qualifying run and from there seemed unstoppable, getting so far ahead of her competitors in the first heat of the finals that they weren't even in sight when she crossed the finish line.

"That first run was a disaster, but I went back up (and) refocused," said Ricker.

By the last heat, the fog had lifted and Ricker flew across the finish line under blue skies and to the welcome of a roaring crowd.

She stopped for a moment to catch her breath, then threw her arms in the air to wind up the spectators, most of whom waved flags, toques and hands before breaking into an impromptu dance party.

Like Alexandre Bilodeau and Jenn Heil — both of whom have already taken home gold and silver respectively — Ricker said her medal was Canada's medal.

"I'm so thankful I was able to pull it off for every-



Maëlle Ricker holds up her flowers on the winner's podium after capturing the gold yesterday in the women's snowboard cross final at the Winter Games in Vancouver.

one," she said.

Canada's other hopeful — 2006 bronze medalist Dominique Maltais and a medal contender in these Games — failed to make it into the top 16. France's Deborah Anthonioz took silver and Switzerland's Olivia Nobs wound up with the bronze.

World media focuses on McKeever

WHISTLER The eyes of the world turned to Brian McKeever yesterday when the visually impaired cross-country skier from Calgary arrived at the Olympic Games.

Eurosport, The New York Times, The Wall Street Journal, Reuters and the Japanese daily Sankei Shimbun were among the international media that came to hear the story of a man who will make history as the first winter athlete to compete in both the Olympics and Paralympics.

McKeever, 30, will ski the 50-kilometre race on the final day of the 2010 Games at Whistler Olympic Park and possibly other events if a teammate becomes ill or injured. In doing so, he will narrow the perceived gap between athletes with a disability, and those without.

McKeever was diagnosed with Stargardt's disease, an



Brian McKeever, a visually impaired skier, will make history at the Games as he's set to become the first winter athlete to compete in both the Olympics and Paralympics.

inherited macular degeneration, as a teenager. He has less than 10 per cent vision

and what he does have is peripheral.

THE CANADIAN PRESS

Jacobellis can't make good on second chance

SNOWBOARDING It was the thump heard all around the winter sports world.

Four years ago in Turin, Italy, American snowboarder Lindsey Jacobellis barrelled towards the finish line after building a huge lead in the women's Olympic snowboard cross final.

To celebrate, she grabbed her board and twisted her body, adding some mid-air zest off one of the last jumps.

But her balance slipped away on the landing and so did a surefire gold medal.

Some saw it as a cruel lesson of how poor sportsmanship can sometimes

bite back.

Yesterday, Jacobellis couldn't make good on her second chance, exiting the snowboard cross competition after falling in the semifinal. This time it was incidental contact with gold medal winner Maëlle Ricker that was her downfall.

THE ASSOCIATED PRESS

Whistler Doubling up



Tristan Walker, top, and Justin Smith of Canada practise during a run of the men's doubles luge training in Whistler yesterday.

Onetime world-record holder retires at 36

SPEEDSKATING With family and friends looking on, and with streaks of grey hair setting him apart from younger competitors, Mike Ireland said goodbye to his lengthy Olympic speedskating career.

Ireland, 36, is the oldest athlete in the Olympic speedskating competition. He finished 16th in the men's 500-metre long-track race Monday.

For Ireland, who has been on the national team since 1993, it was his last stab at Olympic glory.

"The crowd was awesome. I had a lot of friends and family, relatives, guys I've skated with, guys I did trials against that came here to watch the race," Ireland said. "It was a great crowd. I probably knew a couple hundred people or more in the crowd, cheer-

ing me on."

Over the course of his career, Ireland competed in four Olympics but never won a medal. His top finish was seventh, something he did in the 500 metres in both 2002 and 2006.

Despite the lack of Olympic hardware, Ireland has had a successful career. He set a world record in the 1,000 metres on March 3, 2001. **THE CANADIAN PRESS**

News in brief

FIGURE SKATING Amid the grace and glamour and glitzy outfits of figure skating, the pure lung-busting, quad-burning athleticism of the sport often gets overlooked. Christy Krall, the American coach who has been guiding

Canada's Patrick Chan for the better part of a year in the young skater's quest for Olympic glory, can recite the biomechanics of skating like the alphabet. "In the short program, Patrick's heart rate will reach what an Olympic 800-

metre runner reaches, and the long program is like running a mile," Krall said. "These guys are very fit." Chan, who skated in the short program last night at the Pacific Coliseum, won't do a quad in Vancouver.

THE CANADIAN PRESS

Well, time anyway.

Watch sports events, new-release movies and TV series your own way with Shaw Video On Demand. Plus, enjoy CTV's Vancouver 2010 Olympic Winter Games with over 600 hours of Standard and High Definition coverage for free. All sent directly to your TV.

Find out how at VOD.SHAW.CA

24/7/365 SERVICE

TSX 60 / NYSE

Content available 24 hours after the live event.

SHAW
PEOPLE POWERED

Workology



uLaval opens up in Mexico

Last Thursday, Université Laval launched an office at the Santa Fe campus of Mexico's Monterrey Institute of Technology and Higher Education, which will also open an office in Quebec at uLaval. With a long history of collaboration in Latin America, uLaval hopes its new physical presence in Mexico will foster student exchanges and the development of joint academic programs. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Farming the future?

For the month of February, Metro's Workology section will be focusing on some delicious food-related careers. Check back every Wednesday for a new feature.

JON TATTRIE
for Metro Canada



Canadian farming is heading for a disaster as

fewer and fewer farming children continue the family business.

"In the next ten years, about 80 per cent of the agricultural assets in the country are going to be transferred," says Christie Young, director of Ontario's Farm Start. "We're going to have a massive crisis in the agricultural sector because we don't have the infrastructure

set up to get people into farming."

Conversely, that means it's a great time to get into farming. Farm Start, a Guelph, Ont.-based organization, helps people from non-farming backgrounds get into the industry. Some come with university degrees in agriculture and others are second-career farmers.

Farm Start begins with

Working the Wok

a four-day explorer course. "It's a time for people to think really critically about whether this is the right career for them and what it means to be a farmer," Young says.



"Self-motivated" and "entrepreneurial" are good terms used to describe working in agriculture.

People are drawn to the physical, meaningful work and are often passionate about raising livestock. They want to be their own boss and enjoy the diverse daily tasks.

"They have to be self-motivated," she says. "You can't just focus on one piece of the puzzle if you want to be a farmer. You have to think about your growing system as part of a bigger eco-system, your business model as part of a much bigger food system."

The best way to learn is to do, she says, so Farm Start helps organize farming internships and runs an incubator farm. Courses in business-planning, crop planning and soil-health management

round out the training.

Norbert Kungl runs the organic vegetable farm Selwood Green on the shores of Nova Scotia's Minas Basin. He's from a farming area of central Germany, but his family did not farm. He studied agriculture before moving to Canada and working on a farm for four years. In 1987, he started his own farm.

"I'm an entrepreneurial person who needs to do his own thing," he explains. He loves being his own boss on a large piece of land where he lives and works. He sells his produce at farmers' markets around Nova Scotia, including the Halifax Farmers' Market.

Like Young, he recommends non-farmers do an apprenticeship. "If you come from a farm, go out into the world and work on a variety of other farms or even other jobs to really know this is what you want to do," he says.

Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

FINANCIAL

NEED MONEY?
✓ No credit checks
✓ Fast approvals
Call 1-866-499-5629
And get cash now!!
www.mynextpay.com

\$500\$ loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free: 1-877-776-1660
www.moneyprovider.com

WARNING
Read This Before Filing Your Personal or Corporate Taxes
FREE QUOTE WITHOUT OBLIGATION
COMPLETE PEACE OF MIND!
ACCURACY & TAX COMPLIANCE GUARANTEED!
PERSONAL, CORPORATE & US TAX
Phone 403-809-9562 NW Calgary
Phone 403-255-0222 SW Calgary

LEGAL

Canadian Legal Resources Centre Inc.
403-229-2774 • www.canadianlegal.org
UNCONTESTED DIVORCE
Legal Separation Agreements
Spousal Land Transfers
CRIMINAL RECORD?
Canadian Pardons • US Travel Waivers
Fingerprinting
21+ years experience.
Voted #1 Paralegal. Why pay more?
Open Monday to Saturday.

PSYCHICS

STAPHA — AFRICAN PSYCHIC
Reuniting Loved Ones • Stopping Divorce
Removing Bad Spirits • Success in Business
Healing Protection
RESULTS GUARANTEED
403-802-0367

Mystic Eye Spiritual Readings
47 YEARS EXPERIENCE
100% Guaranteed Results
• Palm • Tarot • Crystal Ball • Energy Readings •
PH: (403) 228-2258
By Appointment Only
Solve all Problems of Life

RENOVED SPIRITUAL HEALER
★
SOLVE YOUR PROBLEMS
RETURN OF LOVED ONE
BUSINESS SUCCESS
REMOVE BAD SPIRITS
STOP DIVORCE
100% RESULTS IN 1 WEEK
CALL MADIA
403-475-2589
OR **403-305-2129**

"AWESOME"
— Real user review
The free Metro Canada application is available on the App Store.
metronews.ca

UNION ERGONOMICS
Canada's Fastest Growing New Health Franchise
31 Franchises in Canada, 1 in USA
No health background needed
1.866.609.9661
www.unionergonomics.com

For more of the Working the Wok exclusive series check Workology every Wednesday or stop by: **metronews.ca/work**

WHILE I RESPECT YOUR EFFORTS FOR ATTENTION, BLINKING MESSAGE LIGHT, YOUR NEEDINESS DISGUSTS ME.

ESCAPE THE OFFICE DRAMA.

45 MINUTE COMEDIES & MUSICALS. DAILY AT LUNCHTIME.

LUNCHBOX THEATRE

AT THE BASE OF THE CALGARY TOWER
LUNCHBOXTHEATRE.COM

ENCANA

TransCanada

PROQUEST

BD&P

Foundation for the Arts

arts

Canada Council for the Arts

Concordia University

met

MR FIX IT. A WORLD PREMIERE ROMANTIC COMEDY. FEB. 1 UNTIL FEB. 27. TICKETS JUST \$15-18.

WiFi in Volvo

In-car entertainment turned it up another wireless notch at the recent Chicago Auto Show when Volvo showed off "the industry's first Internet connected Rear Seat Entertainment System with Windows XP, WiFi and a 500G hard drive." **METRO NEWS SERVICES**

Metro Drive



Pets' best friends

Pet safety advocate group Bark Buckle UP has named the winners of its 2010 Pet Safe Choice Awards, which recognize pet-friendly and pet-safe vehicles. Top vehicles include the Dodge Journey, Ford Flex, Kia Soul, Honda Element, Smart, Subaru Outback and Volvo XC60. **METRO NEWS SERVICES**

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Tough Tucson

Hyundai SUV stands out in crowd

JIL MCINTOSH
for Metro Canada



Introduce a new model into a crowded segment, and it needs to be good or it won't survive. With an all-new Tucson for 2010, Hyundai has a solid entry among compact SUVs.

The outgoing model, which was showing its age, came with a choice of four-cylinder or V6. The 2010 model has only one engine, an all-new 2.4-litre, which at 176 horsepower is stronger than the V6 it replaces. The base model, at \$22,999, uses a six-speed manual. All others come with a six-speed automatic, at prices ranging

2010 Hyundai Tucson

Type: Compact SUV
Price: from \$22,999
Engine: 2.4L
HP: 176

Highlights

- Stable ride
- Roomier interior with better design and materials

from \$24,299 to a high of \$34,449, which is top-end Limited trim further optioned with a navigation system and Hyundai's first-ever panoramic sunroof.

An all-wheel-drive system, optional on the two lower trim lines (except for the

stick shift) and standard on the Limited runs primarily in front-wheel-drive, but can send 50 per cent power to the rear when necessary. At low speeds, it can also be locked into 50/50, handy for getting out of snowy drive-ways.

The ride is stable and pleasant, helped by front coil springs that slant side-ways to keep the vehicle level on hard turns. The electric steering is tuned for a fairly organic feel, and the turning radius is spin-on-a-dime sharp.

Although it weighs 29 kilograms less, the new model is slightly larger than the outgoing version, and is very roomy inside, even in



The 2010 Hyundai Tucson features a powerful 2.4L engine with 176 hp and improved interior design.

the second row. The dash design is night-and-day over the old model, with metallic accents, textured plastics, and blue backlighting. All models include air conditioning, six airbags, whiplash-reducing active front head restraints, and

electronic stability control. The engine's good enough that you won't feel any need for a V6. Unusually for a four-cylinder, stomping on the throttle for passing simply produces linear power, without any accompanying roar or

whine. The six-speed automatic is well-matched to it, without any gear hunting on hills.

Frugal drivers will also appreciate that its published fuel consumption figures are among the best of all of its competitors.



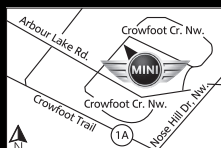
OFTEN FOLLOWED. NEVER CAUGHT.

2009
DOWN PAYMENT \$0 | MONTHLY PAYMENTS AS LOW AS \$395

The go-kart handling lets you disappear around corners. The best-in-class fuel efficiency makes those in pursuit disappear from your rear-view mirror. Together, they make the road your personal playground. To find out more, visit MINI Crowfoot today.

While Supplies Last.

MINICROWFOOT.CA



MINI CROWFOOT
650 Crowfoot Crescent, N.W.,
Calgary, AB T3G 4S3
(403) 275-6464
AMVIC License

Calgary Honda

PRE-OWNED SALES EVENT

ENDS SATURDAY FEBRUARY 20TH

THE CALGARY HONDA DIFFERENCE

When you finance or lease any new or pre-owned vehicle you are automatically protected against job loss, critical illness, accidental death and disability*.

13
In Stock



Accord – Starting from **\$16,900**

24
In Stock



Civic – Starting from **\$8,900**

4
In Stock



Pilot – Starting from **\$26,900**

7
In Stock



Odyssey – Starting from **\$21,900**

4
In Stock



CR-V – Starting from **\$17,900**

2
In Stock



Ridgeline – Starting from **\$28,900**

ONLY AT THIS LOCATION!

It's your city. It's your Honda dealer.

HONDA
Certified
Used Vehicles

*See dealer for details.

Calgary Honda



www.calgaryhonda.ca

403-253-6531 11700 LAKE FRASER DR. SE
(CORNER OF ANDERSON ROAD & MACLEOD TRAIL)

The Zeppelin has landed

Maybach introduced the Zeppelin at the 2010 Canadian International Auto Show last week. Only 100 models of the limited edition Zeppelin will be available worldwide. **METRO NEWS SERVICES**

metro drive **21**

Hyundai's come a long way

AutoPilot

Michael Goetz

metronews.ca/autopilot

the car debuted Hyundai's new styling direction, which has since been transferred to the new Tucson and the new Sonata.

Nuvis also features a wild, flowing interior (yes, like a river) that allows occupants to electronically link up to

each other via touch screens on all four "business class" seats.

Nuvis also packs a hybrid powertrain, a version of which will soon be fitted into Sonata.

Noteworthy are the "lithium polymer" batteries,

known to be more durable and more space efficient than current lithium ion and nickel-metal hydride examples.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.



The Nuvis concept, pictured, along with the latest Sonata, are great examples of Hyundai's rising fortunes.

Hyundai just came off its best year ever in Canada, selling 103,233 units. I don't know if you remember, but 2009 was not the greatest of economic climates, so Hyundai's accomplishment is even more noteworthy.

Globally, it's not doing too bad either. The rankings change depending on how you define "largest," but the Hyundai-Kia group is now the fifth or sixth largest automotive group in the world, and gaining ground on the perennial old guards of Toyota, GM, VW, Ford, and Renault-Nissan.

It's rising fortunes were on the display at the 2010 Canadian International Auto Show in Toronto, in the form of the all-new 2011 Sonata and the Nuvis concept vehicle.

"We think the Sonata is a watershed product for Hyundai," says Michael Robinet, over the phone from his office in Michigan. Robinet, a native of Windsor, Ont., heads up automotive forecasting at CSM Worldwide. "Its fit and finish, content, and price (\$22,649 and up) are all outstanding."

Robinet adds that Hyundai has re-focused on powertrain development over the last few years, and now predicts that powertrain innovation, "will be their calling card in the future."

The new Sonata benefits from this focus, debuting the company's all-new 2.4-litre Theta II GDI, its first gasoline direct injection engine, and currently the only one in Sonata's class. The engine features a host of technologies and produces over 200 horsepower.

The evolution of Sonata is not so much amazing, as pragmatic. Hyundai just kept cranking out new-generation versions of Sonata on a paced cadence, each one a bit better than the previous one, and ended up exactly where it planned to be — meeting or bettering all the major midsize contenders on price, quality and style.

The automaker's Nuvis concept is a revelation. Originally shown at the recent New York auto show,

MORE THAN JUST TALK



fido Giving low prices a good home.

CityFido™
2,000
anytime local minutes¹

\$40
per month³

- Unlimited text² worldwide
- No System Access Fees
- Per-second billing

Use your minutes anywhere within your CityFido zone. Long distance charges may apply.

25% RECYCLED PLASTIC*

From
\$0

*Housing of both phones is made from 25% post-consumer recycled plastic.



\$0 with 2-year Fido Agreement



\$15 with 2-year Fido Agreement

EXCLUSIVE TO FIDO

Switch now! On fido.ca, in store or 1-866-301-3436

Offers subject to change without notice. 1. Airtime minutes within your CityFido zone. Long distance charges may apply and are determined based on your local calling area, not your CityFido zone; visit fido.ca/callingareas. Additional local in-zone minutes and airtime used for calls made and received outside your CityFido zone cost 35¢ per minute. 2. Includes text messages sent from Canada to a Canadian, U.S. or International wireless number; text messages received from another mobile phone are free. Charges apply for premium text messages (alerts, messages related to content, contests and promotions). 3. A one-time Activation Fee of \$35 per line applies. Additional airtime, long-distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra and billed monthly. Phone price shown valid with new activation on a Fido Agreement, early cancellation fees apply. TMFido & design, Giving low prices a good home and CityFido are trademarks of Fido Solutions Inc. All other brand names and logos are trademarks of their respective owners. © 2010 Fido Solutions Inc.

FIDO STORES

Market Mall
Marlborough Mall
Chinook Centre
Southcentre Mall
Cross Iron Mills
Sunridge Mall

EXCLUSIVE DEALERS

CELLULAR BABY
Market Mall
Westbrook Mall
GENERATION WIRELESS
Deerfoot Outlet Mall

FUTURE SHOP

booth
the telephone booth

WIRELESS etc...

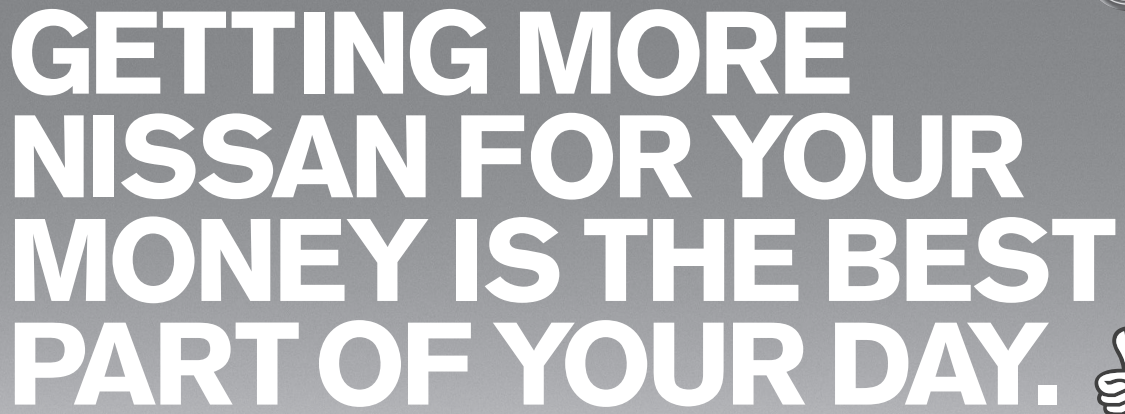
COSTCO WHOLESALE

BEST BUY

LONDON DRUGS

<WIRELESSWAVE>

Walmart



MORE 2010
VERSA HATCH 1.8 S

\$15,643^{}** SELLING PRICE

Highest horsepower in its class (122-hp)¹, 1.8-litre DOHC engine • Most rear leg room in its class (966 mm)² • 60/40 split folding rear seat • Nissan Advanced Six Airbag System • Winner of a Consumers Digest Best Buy Award³

**\$0 DOWN
PAYMENT**


 CITY: 7.9L/100KM (36 MPG)
HWY: 6.3L/100KM (45 MPG)**

★★★★★
**5-STAR
RATING**
FOR FRONT-IMPACT
CRASH SAFETY

\$16,643^{}** SELLING PRICE

140-hp, 2.0-litre DOHC engine • Standard ABS with available Vehicle Dynamic Control (VDC) AM/FM/CD audio system with auxiliary input jack • Nissan Advanced Six Airbag System • Winner of the Canadian ALG 2010 Residual Value Award – Entry Compact Car Category⁴

LEASE RATE
2.9% \$0 SECURITY DEPOSIT
\$2,268 DOWN PAYMENT
\$13,035 TOTAL LEASE OBLIGATION

 CITY: 8.4L/100KM (34 MPG)
HWY: 6.4L/100KM (44 MPG)**

2.0 SL MODEL SHOWN* www.nissan.ca/sentra



\$24,818** SELLING PRICE
INCLUDES \$1,500 BONUS*

170-hp, 2.5-litre DOHC engine • Standard Xtronic CVT® w/ available paddle shifters • Standard ABS, Vehicle Dynamic Control (VDC), and Traction Control System (TCS) • Auxiliary audio input jack • Winner of a Consumers Digest Best Buy Award³

LEASE RATE
1.9%
\$0 SECURITY DEPOSIT
\$4,538 DOWN PAYMENT
\$13,474 TOTAL LEASE OBLIGATION

 CITY: 9.2L/100KM (31 MPG)
HWY: 7.3L/100KM (32 MPG)**

2.5 SL AWD MODEL SHOWN▲ www.nissan.ca/roque



VISIT YOUR LOCAL NISSAN RETAILER TODAY OR NISSAN.CA FOR DETAILS.

UP TO
\$1000
REBATE*

NISSAN
GRAD
PROGRAM

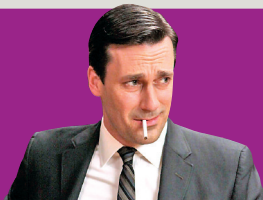
[illegible]

New kid on the Vancouver block

The Fairmont Pacific Rim, fronting one of Vancouver's best addresses, features unobstructed views of the north Shore Mountains, Stanley Park and Coal Harbour. With its rooftop pools and resort style, it debuts in March with rates starting from \$229 for a guestroom. **METRO NEWS SERVICES**

23

Travel



Stay like Mad Men in New York

New York's Carlton hotel is offering the ultimate Mad Men Package this year, Mad about NYC. Guests can walk in the well-heeled footsteps of Don Draper, Roger Sterling, Joan Harris and the entire Sterling Cooper gang with this special travel package created exclusively for the Carlton Hotel for fans of the hit TV show Mad Men. The package is \$129.99 per person + tax a night and is valid through the end of the year and can be booked on Carlton's website carltonhotelny.com. **METRO NEWS SERVICES**

EDITOR: BEN.RYCROFT@METRONEWS.CA

Going under down under

Take the plunge in Australia and swim with rare seal lions in Baird Bay

JESSICA CARLESON
Metro World News**Australia is really nature's own animal experimentation lab.**

The world's most venomous snakes and most dangerous sharks are found Down Under together with the cuddliest koalas and most colourful birds.

But, it turns out the most surprising and delightful aquatic creature in the southern hemisphere is the Australian sea lion. And in one beautiful and remote bay in South Australia, 745 kms west of Adelaide, you can even get the rare opportunity to swim with them.

LIFE CHANGING MOMENT

Alan and Trish Pound moved to quiet Baird Bay in 1992 to semi retire. Their plan was to enjoy life and do some fishing. Little did they know the encounter that would change their lives.

"We were fishing in the bay and suddenly a sea lion put its head up out of the water. Alan being curious jumped in and began swimming with it. They found us and we found them," Trish recalls.

Eventually the couple started swimming tours in Baird Bay, to allow others to enjoy this unique experience and also to increase knowledge and understanding of Australian Sea lions.

"They are misunderstood. It is thought that they steal fish from fishermen and destroy nets. That is not true," says Trish.

TWO TOURS A DAY

Only two tours a day are made to the shallow pool near the sea lions' island. When approaching the



The sea lions are very gentle but you do have to be aware that the lions are a prime meal for sharks.

70 One of the rarest seal species, the Australian sea lion population consists of about 12 000 animals, nearly two-thirds of these live in the South Australian waters. In Baird Bay there is a colony of about 70. Another good place to get close to them is on Kangaroo Island where you can see the sea lions up close.

cliffs, nervous and exited, you first can't make out the seals from the background and then suddenly they spot us and one seal makes an agile leap into the water.

Soon other seals begin surfacing around the boat.

The sea lions have huge dark eyes and whiskers, no wonder Trish calls them the "cats of the sea." She also underlines that all tours are made strictly on the sea lions' terms.

"We never go on their island. We always meet them in their element, in the water. About six adults



Kangaroo Island is another place you can view the Australian sea lions up close.



Australian sea lion.

come out to the pool to play."

We are fitted with wet-suits and snorkels but fins are not allowed.

TAKE THE PLUNGE

My heart skips when I put my head under water and look into the big eyes of a seal called Fangs. When I instinctively reach out my hand the young sea lion nibbles playfully at my fingers and then speeds off, amazingly acrobatic and graceful. I thought I was a good swimmer — these sea lions show us who's king of this element, with something I can only interpret as a great sense of humour.

But why do they want to swim with humans?

"Because they enjoy our company," Trish says and stresses that they have never fed the sea lions or dolphins in the bay.

"You don't have to feed someone for them to become your friend. If you treat them with respect they give it back."

SHARK!

Trish and Alan are not the only ones who love sea lions. Sharks fancy them too, but as dinner. But Trish says there hasn't been a shark attack on a human in Baird Bay since they began their tours.

"But they are close by, we keep a close watch," says Trish.

Morocco
Visit the Atlas Mountains, the stunning coast and remote desert regions of Morocco. A trip to satisfy both the seasoned and novice traveller.
Includes: accommodation, local guides, local transportation, local payment
\$1,489 13 nights
Apr 3, 2010
815 - 10th Avenue SW 403.262.6632
TheAdventureTravelCompany.com
CDS\$, per person, shared occupancy. Land only. Other dates available, prices may vary.
CN-4499350/4499372 | BC-331272/4799/94798 | QC-7002238

ADVENTURE!
Teach English Overseas
TESOL Certified in 5-Days
In-Class or Online NO DEGREE REQUIRED!
1-888-270-2941
Job Guaranteed
Next course: Feb 24 - 28
www.globaltesol.com

Shuswap Houseboats
ON SHUSWAP & MARA LAKES
Family Houseboat Vacations... From Our Family to Yours!
1 877 229 3513
www.admiralhouseboats.com



**With a deal this great,
you'll wanna start packin' your trunks!**

Get two more nights FREE* when you buy a 3-night vacation package with 5-Day *Park Hopper* Theme Park tickets.

From **US\$72** per person, per day.
For stays most nights now–4/29/10
at **Disney's Paradise Pier Hotel****
in a standard room.

From **US\$53** per person, per day.
For stay most nights now–4/29/10
at **Best Western Pavilions*****, a
Good Neighbor Hotel, in a standard room.

Book by April 1, 2010.
disneyland.ca/2free or call **866-60-DISNEY**
or your Travel Agent.

Includes most Spring Breaks!



*Offer is valid for bookings from now through 4/1/10 and for arrivals from now through 4/29/10 with travel being completed by 5/4/10. Upon the purchase of a 3-night package, with 5-Day *Disneyland* Resort *Park Hopper* Bonus Tickets at a participating Hotel for a family of four (3 adults and 1 child, (age 3–9)), two (2) consecutive free nights will be added to the Hotel stay. Limited to two (2) free nights per package/reservation and not valid for previously booked rooms. Check for offers associated with longer night stays. The *Disneyland* Resort *Park Hopper* Bonus Tickets expire thirteen (13) days after first use or 5/12/10, whichever occurs first, and each day of use of a ticket constitutes one (1) full day of use. Tickets may not be sold or transferred for commercial purposes. Offer subject to availability and Blockout Dates; advance reservations required. Not valid with any other discount or promotion. Subject to restrictions and change without notice. **Price based on quad occupancy (3 adults and 1 child, (age 3–9)). Total package price starts at US\$1,434. Blockout Dates 2/12–2/14 and 3/28–4/10 and other restrictions apply. ***Price based on quad occupancy (3 adults and 1 child, (age 3–9)). Total package price starts at US\$1,060. Blockout Dates and other restrictions apply.

On-time most of the time

A new government report says airlines were on-time for 80 per cent of their flights last year. That's their best record since 2003. **METRO NEWS SERVICES**

Nothing fake to reality tourism

PAUL BALDWIN
Metro World News



"You are now the property of the Soviet government!" barks the impossibly huge guard, "Do not think of escaping. There is no way out of here. You will do exactly what we tell you!"

As hotel welcomes go, I've had gentler.

But this is no ordinary

hotel, this is the infamous Karosta Prison in Liepaja, Latvia, a rotting red-bricked naval jail built in 1905 to house the czar's mutinous sailors and taken over by the KGB in the 1970s.

Today more than 20,000 visitors a year pay about \$7 for an overnight stay.

It's called reality tourism. Two guards march the party upstairs where we stand, foreheads

against the wall, hands behind backs. Over the next 14 hours we are handcuffed, barked at, instructed to do hundreds of push ups, abused, made to assemble their own beds and thrown in solitary confinement. At one point I am examined by a nurse surrounded by a terrifying array of surgical tools and interrogated by a Soviet commander and his henchmen. And trust me, it does

not feel like play-acting. Of course there is no actual violence and you are free to leave at any time (and many do). But the experience, though ultimately make-believe, is a quite profound one.

For a century Karosta was the brutal home to thousands of Soviet men. Very few hotel stays will leave you quite so thoughtful when you check out in the morning.



Karosta prison, once home to prisoners, now houses tourists.



When you need it

If you're self-employed, you can now register for new Employment Insurance (EI) benefits. Through Canada's Economic Action Plan, you no longer have to choose between family and work responsibilities. New EI benefits are available to you:

- Maternity Benefits
- Parental Benefits
- Sickness Benefits
- Compassionate Care Benefits

Call or visit to learn more.

actionplan.gc.ca

1 800 O-Canada

CANADA'S ECONOMIC
ACTION PLAN



Canada



Calgary
Deer Valley Village Shopping Centre
137 Ave. Southeast
(403) 278-0701
Beddington Town Centre
8120 Beddington Blvd. Northwest
(403) 295-6446
Forest Lane Shopping Centre
2012 17th Ave. Southeast
(403) 248-6464
Millrise Plaza
150 Millrise Blvd. Southeast
(403) 256-2015
Wilfrid Square
1012 17th Ave. Southwest
(403) 228-2905
1915 Centre St. North
(403) 277-7750
10233 Elbow Dr. Southwest
(403) 255-0202
1440 52 St. Northeast
(403) 235-2121
Spring Hill Village
8060 Silver Springs Blvd. NW
(403) 288-1441
London Place West Shopping Centre
5255 Richmond Rd. Southwest
(403) 246-7333
5244 Fairbridge Gate Northeast
(403) 280-5523
5005 Dalhousie Dr. Northeast
(403) 215-2505
5140 Country Hills Blvd. Northwest
(403) 215-2500
Woodbine Square Shopping Centre
2525 Woodbine Dr. Southwest
(403) 281-3381
Douglas Square at Deerfoot
11530 24th St. Southeast
(403) 203-0626
8303 Fairmount Drive Southeast
(403) 252-5533
Market Mall
3625 Shaganappi Trail Northwest
(403) 202-0200
Sunnyside Mall
2525 36th St. Northeast
(403) 280-5151
Chinook Centre, 6455 Macleod Trail
(403) 253-0229
Southcentre Mall,
160 Anderson Road SE
(403) 225-6593
North Hill Centre
1632 14th Avenue N.W.
(403) 202-1801
Deerfoot Mall, 901-64th Ave. N.E.
(403) 275-3500

TAKE HI-SPEED INTERNET WITH YOU.

THE ROCKET™ MOBILE INTERNET STICK

\$0 STICK | **\$199**
with select 2-yr. data plans¹ | no term



BRING TO: Your Rogers Plus Store

GET A: **\$50 ROGERS PLUS GIFT CARD**

WHEN YOU: Activate any Rogers Wireless Device
(including The Rocket™ Mobile Internet Stick) on any new 2 or 3 year data term.

EXPIRY DATE: 2 8 0 2 2 0 1 0
D D M M Y Y Y Y

BONUS
\$50*
GIFT CARD



012302001

*Available with purchase of any Rogers Wireless device or Rocket™ Mobile Internet Stick on any new 2 or 3-yr data term plan. Offer ends February 28, 2010. Limit one \$50 Gift Card per person. Early cancellation fees apply. Gift Card redeemable for product purchases or purchase of new services (may not be applied toward bill payments) at any Rogers Plus location. Protect card like cash. Not redeemable, refundable or exchangeable for cash/credit and not replaceable if lost/stolen.

RATES AND OFFERS SUBJECT TO CHANGE WITHOUT NOTICE. SEE STAFF IN-STORE FOR FULL DETAILS. All prices exclusive of taxes. Offers cannot be combined with any other discounts. Early cancellation fees apply. 1 With new activation on any 2-yr term data plan having min. \$30 monthly service fee. ™Rogers, Rocket the Mobius Design and Rogers Plus are trademarks of or used under license from Rogers Communications Inc. or an affiliate. All other trademarks are the property of their respective owners. Google and the Google logo are trademarks of Google, Inc. © 2010 Rogers Plus

Madonna looking at new fashion line

Madonna is in talks to launch a women's clothing line to be sold at Macy's, sources tell Women's Wear Daily. The line would include apparel, accessories, lingerie, and shoes — the underwear portion possibly to be named Truth or Dare. EW.COM

27

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

**Spelling book**

Simon & Schuster — publisher of Toni Spelling's two previous books — has signed the actress to her first children's book, *Presenting...Tallulah*, the tale of a spunky little girl. EW.COM

Thrilling recreation

Martin Scorsese chats with Metro about *Shutter Island*

PHIL BROWN
for Metro Canada



Few filmmakers have reached the iconic status of Martin Scorsese. With a back catalogue filled with classic titles like *Taxi Driver*, *Raging Bull*, and *Goodfellas*, his place as one of the greats in cinema history is assured.

These days the director has little left to accomplish, but can't stop making movies because of his undying passion for the medium. An obsessive cinephile, Scorsese continues to be inspired by films of the past and seeks out opportunities to make projects equal to those that enthral him as a viewer. His latest film is *Shutter Island*, an attempt to recreate one of the Hollywood thrillers of his youth.

Although Scorsese had previously undertaken something similar in 1991 with *Cape Fear*, the director told Metro that he wasn't sure how *Shutter Island*

"I like to say that I didn't quite know what (*Shutter Island*) would be and gave myself over to the material along with the actors."

Martin Scorsese

land would turn out.

"I like to say that I didn't quite know what it would be and gave myself over to the material along with the actors," he said. "It was a process of discovery throughout. That doesn't mean that I didn't know that it was going to be a process of discovery, I just didn't know how much there would be and there turned out to be a great deal."

Though somewhat uneasy with the material, Scorsese did know from the beginning where his movie fit in with the history of film and how he would honour his narrative forebears.

"I think the trappings of the story and the nature of the situation automatically bring certain films to

my mind and certain images that go back several hundred years," said Scorsese.

"A shot of a mansion at night in a storm creates certain reactions because that's part of our DNA to a certain extent in film. So the movie draws a lot on a very long memory of films that I've seen and books that I've read over the years."

"The issue was to have them work for our story and our characters, but at the same time refer to other material from the past. In other words, the more you see of the past the more you can draw up that to make the present and the future."

When asked what specific influences he drew upon for his tale of a detec-

tive unraveling a dark mystery in a foreboding mental institution, the director pointed to a few specific genre filmmakers he valued above all others.

"Well there's always Mario Bava and his use of very powerful colours. I always loved the thriller/horror films that he made in the late '50s early '60s like *Black Sunday* and *Black Sabbath* and I keep referring to them," revealed Scorsese. "But Val Lewton and Jacques Tourneur's movies like *Cat People* are really the key films. They are beautiful works of poetry that I look at repeatedly. They are like pieces of music. I keep

Martin Scorsese and Leonardo DiCaprio on the set of *Shutter Island*.

watching them and its kind of new every time. I can't reach that level of Tourneur though. He was remarkable."

Scorsese might be too modest to admit that he's

an equal to the filmmakers that inspire him, but audiences need to only watch a few minutes of his extraordinary work to see that he is one of the true masters of cinema.

Project Homeless Connect 8

For at-risk or homeless individuals and families

Saturday, February 20, 2010
9:00 am to 2:00 pm

Suncor Energy Centre, 150-6 Avenue SW, Calgary

Special Presentation:

1:15 pm
"A Demonstration Round Dance"
Courtesy of the Aboriginal Friendship Centre of Calgary

More than 50 agencies will offer services including:

- Medical services
- Addictions counselling
- Non-government identification
- Employment counselling
- Haircuts
- Access to housing
- And more

Services and lunch available on a first come, first served basis.



Enter on doors at 1st Street and 6th Avenue (150 - 6th Avenue SW)



**IF YOU ARE AN IMMIGRANT YOUTH
SEEKING EMPLOYMENT, CONTACT:
BRIDGING YOUTH TO SUCCESS**

YIORGOS BOUDOURIS

PROGRAM COORDINATOR

T: 403.290.5128

E: BYTS@CCIS-CALGARY.AB.CA

CCIS BUSINESS CENTRE

200, 1509 CENTRE ST SOUTH

CALGARY, ALBERTA T2G 2E6

VANCE NICOLAS

EMPLOYMENT OUTREACH DEVELOPER

T: 403.290.5131

E: YOUTH1@CCIS-CALGARY.AB.CA

BEVERLEY HEJDUK

EMPLOYMENT OUTREACH DEVELOPER

T: 403.290.5133

E: YOUTH2@CCIS-CALGARY.AB.CA

Our Community
Our Future

Canada

Project Homeless Connect 8 is presented by the Calgary Homeless Foundation. Thanks to Brookfield Properties for generously providing the venue and to Suncor Energy for their support.



Calgary
Homeless
Foundation

www.calgaryhomeless.com • info@calgaryhomeless.com



Charlie Sheen's wife Brooke Mueller has checked into a rehab center for substance abuse. Mueller, 32, checked into The Canyon rehab facility in Malibu last Tuesday, according to TMZ.com. **PEOPLE.COM**

Mueller checks into rehab

Oscar loves a villain

Academy favours the dark side (again) for 2009 nominations

For your consideration: A pedophile serial killer with a creepy dollhouse hobby, a murderous Nazi who delights in tormenting Jews, and a hateful mother who abuses her granddaughter.

Hollywood loves a bad boy and so does Oscar, with academy voters nominating several roles this year that are less than cordial, if not downright crazy.

There's Christoph Waltz for his chilling performance as smooth-talking, Jew-hunting Nazi Col. Hans Landa in *Inglourious Basterds*; Stanley Tucci for his scary, blue-eyed turn as pedophile George Harvey in *The Lovely Bones*; and Mo'Nique for her role as Mary Jones, the abusive mother in *Precious*.

So what is it about iniquitous villains that actors, moviegoers and members of the Academy of Motion Picture Arts and Sciences find so compelling?

"I think we take a vicarious pleasure in the problems that they present, in the pain that they inflict, and not least of which in the demise that they suffer at some point," says Stephen Lang, who plays the vengeful, scar-faced military officer Miles Quaritch in *Avatar*.

"It's like having a vaccine," says Karen Sternheimer, a sociology professor at the University of Southern California. "It's a low dose of something that you really don't want to experience in real life, a way of experiencing something really awful about the hu-



The Academy has long been fascinated with bad guys... and girls. Actor Mo'Nique, right, as an abusive mother to Gabourey Sidibe's (left) character Precious in the eponymous 2009 film, is up for an Oscar.

"We're seeing cutthroat Hollywood exposing themselves in a clear trend... a broader acceptance that these (evil) roles are artistic."

Tom O'Neill, writer for TheEnvelope.com

man condition from a safe distance."

This season's crop of nefarious characters highlights a long-standing pattern among academy voters of tending toward the dark side.

In 1932, Fredric March won best actor for Dr. Jekyll and Mr. Hyde. And who can forget Louise Fletcher's winning role as the cold-hearted Nurse Ratched in 1975's *One Flew Over the Cuckoo's Nest*. Then there's Anthony Hopkins' unforgettable 1991 portrayal of Hannibal Lecter in *Silence of the*

Lambs. Yet academy voters seem to be embracing the unsavoury even more of late, reflecting a change in what kinds of roles might be considered Oscar-worthy, says Tom O'Neill, a writer for the awards-tracking website, TheEnvelope.com.

"We're seeing cutthroat Hollywood exposing themselves in a clear trend... a broader acceptance that these (evil) roles are artistic," he says. "We're seeing more artistic movies become darker."

Take Heath Ledger's posthumous Oscar last year

for his supporting role as the Joker in *The Dark Knight*, a villain so vicious that playing him reportedly kept the actor up nights. Another bad guy, Javier Bardem's cattlegun-wielding Anton Chigurh in *No Country for Old Men*, took the same prize the previous year.

Tilda Swinton won the supporting actress Oscar for her 2007 role as a heartless, scheming attorney in Michael Clayton. Daniel Day Lewis took home the golden guy that same year for his leading performance as ruthless, murderous oil man Daniel Plainview in *There Will Be Blood*. Before that, Forest Whitaker won for his turn as Idi Amin, the corrupt, bloodthirsty Ugandan dictator, in *The Last King of Scotland*.

THE ASSOCIATED PRESS

Emotional Lady Gaga collects three Brit Awards

Flamboyant chanteuse Lady Gaga swept the U.K.'s Brit Awards Tuesday, winning three categories and offering an emotional tribute to Alexander McQueen, the British fashion designer who died last week.

Gaga collected awards for best international female artist, best international breakthrough act and best international album for *The Fame*, and performed at the ceremony wearing a towering white wig and lace veil — complete with ornate lace eyebrows.

At points, the singer appeared overcome with emotion and paid tribute to McQueen as she collected her first prize — referring to the designer by the name Lee. "Thank you to Lee McQueen," Gaga said,

her voice strained.

Gaga, a friend of McQueen, recently wore his iconic lobster-claw shoes in her *Bad Romance* music video. The designer was found dead Thursday after apparently committing suicide.

The awards are the British equivalent of the Grammys, with most winners selected by a vote of more than 1,000 industry members.

U.S. rapper Jay-Z also claimed an award, for best international male, during a ceremony at London Earl's Court arena.

British boy band JLS claimed an award for best domestic breakthrough act, while recently split rockers Oasis won a one-off prize when their (What's The Story) Morning Glory? was named best British album of the last 30 years.

THE ASSOCIATED PRESS



Lady Gaga, left.

Tomlin takes on producing

THEATRE Lily Tomlin is going off-Broadway — as a producer.

Tomlin and her longtime collaborator, Jane Wagner, will join the producing team presenting Leslie Jordan's one-man show *My Trip Down the Pink Carpet*. It will open April 19 at the Midtown Theater.

On Monday, Tomlin says of Jordan: "I have seldom spent time working with anyone who so engaged me." Jordan is best known for his portrayal of Beverly Leslie on television's *Will&Grace*.

Tomlin and Wagner are joining the ranks of celebrity stage producers in New York. Elton John and his partner, David Furnish, are backing the play *Next Fall*, opening on Broadway next month. And rap superstar Jay-Z, Will Smith and Jada Pinkett Smith are involved in the current Broadway musical *hit Fela!*

THE ASSOCIATED PRESS



Lily Tomlin

SELECTED MEN'S SHOE SALE

Reg. \$99.99 and Up
Now 2 Pairs for \$99.99 and Up.

Some restrictions apply. Sale Ends Feb. 27th

HIGH FASHION CLOTHING

MEN - BIG MEN'S - WOMEN'S - KIDS - 403.453.0163
#36, 6130 1A St SW, Across Chinook Train Station - Behind Mac's
Open Mon-Fri 10am-7pm, Sat 10am-6:30 pm

Entertainment in brief

FILM Behind the dazzling big-screen blockbusters *Avatar*, *Transformers: Revenge of the Fallen* and *Star Trek* is a little black box that has netted an eastern Ontario man an Academy Award. Mark Wolforth is one of the masterminds of Truelight, a device about the size of a DVD player that allows

filmmakers to integrate footage from different sources and convert it to film while maintaining colour consistency. It's become an industry standard, and Wolforth and his co-designer Tony Sedivy will be honoured with a Scientific and Technical Award on Saturday.

THE CANADIAN PRESS

IT'S WHERE YOU LIVE.

It's where you play.
It's where you eat.
It's where you shop.
It's where you...
Learn about your city.

ONLY ON SHAW DIGITAL
CHANNEL 90

MONDAY - FRIDAY 7AM & 7PM
WEEKENDS 10:30AM

CREN TV at 5:30 & 9:30 pm weekdays & 10 am weekends.

The Hunter seeks the Golden Bear

An Iranian movie, made against the backdrop of last year's election campaign and centring on a man whose wife is killed in a shootout between police and demonstrators, made its debut Tuesday at the Berlin film festival.

Director Rafi Pitts said he received authorization to make The Hunter from Iranian authorities and shot it before the violence that followed President Mahmoud Ahmadinejad's disputed re-election last June.

Pitts, who grew up in Tehran but has lived in Britain and France since, said he had "no idea" when the film might be



Iranian Rafi Pitts both directs and stars in film The Hunter.

shown in Iran. "I don't think it's a one-sided film, so I think it has the right to be shown," he said at a news conference. "The question is, will they give me the right?"

The film's main charac-

ter, played by the director, is released from prison amid talk of upcoming elections and Iran's supreme leader, Ayatollah Ali Khamenei.

He tries to spend time with his wife and young

daughter, but they are accidentally killed in a shootout. Pitts' character, Ali, randomly shoots dead two policemen on a city highway, after a long and frustrating wait for information, and flees before being nabbed by two officers who argue about what to do with their captive.

Pitts insisted that the film depicts a "Kafkaesque situation (that) relates to many countries, it's a universal theme."

The Hunter is one of 20 films competing for the festival's top Golden Bear prize, which will be awarded Saturday.

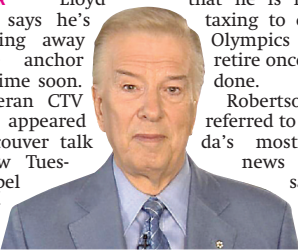
THE ASSOCIATED PRESS

Robertson is not fading into the sunset anytime soon

NEWSCASTER

Lloyd Robertson says he's not stepping away from the anchor desk any time soon.

The veteran CTV newscaster appeared on a Vancouver talk radio show Tuesday to dispel the online rumours



that he is finding it taxing to cover the Olympics and will retire once they are done.

Robertson, often referred to as "Canada's most trusted news anchor," said the rumours were a

"fascinating work of fiction, really fascinating."

"I don't know where this comes from, but the premise is that I'm tired, I'm worn out," Robertson said on CKNW's The Bill Good Show.

According to the rumours, the 76-year-old plans to tell top brass at the beginning of next month

that he will step down.

"Do I look like I'm wasting away?" Robertson asked Good while chuckling over the story. "Do I look tired?"

The rumours began with a blog post by Howard Bernstein, a former TV producer who has worked for CBC, CTV and Global.

THE CANADIAN PRESS

	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/17/10	267 351 - ACCESS	Alberta Primetime (Live)	CSI: NY (HDTV)	Criminal Minds (HDTV)	American Idol (HDTV) (N)	Primetime				
243 317 3 CFCN	(4) XXI Winter Olympics Speed Skating, Hockey, Snowboarding, Medal Ceremonies, (Live)									
- 4 OMNI	King/Queens	The Simpsons	XXI Winter Olympics Short Track Speed Skating					Two/Half Men	Metro	
- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Modern Family	The Middle	Modern Family	The Middle	Cougar Town	
245 306 6 CBR	Wheel Fortune	Jeopardy! (N)	Dragons' Den (HDTV)		Republic of Doyle (DVS)		CBC News: The National		The Hour	
244 338 7 CICT	ET Canada	Entertainment	The Deep End (N)		Bones (HDTV PA)		Kitchen Nightmares		News Hour	
246 - 8 CKAL	Law & Order: Special Victims	Cougar Town	Cougar Town		How I Met	How I Met	Modern Family	The Middle	EP Daily	
119 705 9 CBXFT	Virginie (SC)	L'Épicerie	Le Moment de vérité (SC)		Mirador (HDTV) (N) (SC)		Le Téléjournal Nouvelles (SC)		TJ Alberta	
- 10 SHAW	(6) Local Programming						Local Programming			
- 372 12 KREM	News	Access H.	The Doctors (N)		Old Christine	Unmarried	Criminal Minds (HDTV)	CSI: NY		
- 374 14 KSPS	PBS NewsHour (N)		Faces of America		The National Parks: America's Best Idea (DVS)		Paving			
502 390 15 CBC	CBC News: The National	Geologic Journey	Geologic Journey		CBC News: The National		CBC News: The National	Geo. Journey		
- 370 16 KHQ	KHO-News 6	Millionaire	Jeopardy! (N)	Wheel Fortune	XXI Winter Olympics Snowboarding, Speed Skating, Skiing (HDTV)					
- 373 22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	Human Target (N)		American Idol (HDTV) (N)	News		
297 652 37 WPIX	Gossip Girl (HDTV)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy	
500 500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360	
508 502 31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace	
400 400 21 TSN	(4) XXI Winter Olympics Hockey, Curling, Snowboarding, (HDTV) (Live)									
408 418 27 net	(4) XXI Winter Olympics Curling, Speed Skating, Hockey, (HDTV) (Live)									
410 403 30 SCORE	Basketball	NBA Basketball Phoenix Suns at Dallas Mavericks.								
411 457 44 OLN	XXI Winter Olympics Snowboarding, Luge.		Angry Planet		Destination Truth		Operate-Repo	Operate-Repo	Ghost Hunters	
417 406 48 SPEED	Pass Time (N)	Pass Time (N)	Wrecked		Pass Time	NASCAR Hub	Dangerous Drives (HDTV)	Pass Time		
552 543 20 YTV	iCarly	To Be Indie	Fries That?	Prank Patrol	The Next Star		The Next Star "16 to 6"	Family Biz		
557 541 39 FAM	Han, Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled!	Han, Montana	Wizards-Place	Latest Buzz	Ned's School	
555 545 67 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	
575 583 11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	CMT Star	CMT Star	Amer. Funniest Home Videos	Reba		
553 546 17 TREE	Little Bear	Bucket-Dinos	Babar	Big & Small	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Jan	Go, Diego, Go!	
505 398 19 TWIN	(5) EarthWatch One		EarthWatch One		EarthWatch Two					
602 568 23 W	House-Sell	House-Sell	Supernanny		Chef Worthy	Grocery Bag	The Restaurant	Grocery Bag	Rivals (2000)	
521 560 24 TLC	Twins by Surprise		Toddler's Tiaras (N)		Obese and Pregnant		Twins by Surprise		Toddler-Tiara	
603 561 25 FOOD	Iron Chef America		Chopped		Restaurant Makeover		Diner, Drive-In	Unwrapped	Chopped	
615 520 26 A&E	Dog the Bounty Hunter		Dog the Bounty Hunter		Steven Seagal	Steven Seagal	Bounty Hunter	Bounty Hunter	Bounty Hunter	
617 522 32 SHOW	Trailer Park	Trailer Park	Relic Hunter		Summer House (2008, Suspense)	Lindsay Price			HawthoRNe (N)	
601 562 33 SLICE	End/Leash	End of Leash	End of Leash	End of Leash	ET Canada	What Happen?	Real Housewives of New York	Housewives		
- 633 34 ENC2	Jane-Dragon	(7:25) The Rhino Brothers (2001, Drama)			The Rainmaker *** (1997, Drama)	Matt Damon, Claire Danes, Jon Voight.				
520 505 35 DISC	Man vs. Wild "Texas"		Mayday		Daily Planet		Mayday		The Colony	
620 523 36 BRAVO	Wingfield	Star Portraits	White Collar		Law & Order "Trophy"		Without a Trace		White Collar	
294 650 40 WPCB	College Basketball		Law & Order: Special Victims		The Office	The Office	Road to Perdition (2002, Crime Drama)			
626 547 41 COM	Just for Laughs		Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Little Britain	
- 539 42 TCM	(6) Bang the Drum Slowly		Moonstruck *** (1987, Romance-Comedy) Cher.		The Office		Saturday Night Fever *** (1977, Drama)			
628 584 43 SPIKE	Ways to Die	Ways to Die	MANswers		Blue Mountain	Ways to Die	MANswers	Ways to Die	Crime Scn	
522 516 45 HIST	Re-Inventors	Re-Inventors	Ice Pilots NWT (N)		Nostradamus Effect		Ice Road Truckers		Ice Pilots NWT	
627 528 46 SPACE	Smallville "Roulette"		Supernatural (HDTV) (N)		InnerSpace	Sargate SG-1	Star Trek: Next Gener.			
- 47 AMC	Lara Croft Tomb Raider: The Cradle of Life		Force 10 From Navarone ** (1978, War) Robert Shaw, Harrison Ford, Barbara Bach.							
619 525 49 TROP	Project Runway Canada		Rescue Ink		Hoarders "Deborah, Jim"		Hoarders "Linda, Todd"		Parking Wars	
600 564 50 HGTV	Property VirgIn	Unsellable	House Hunters	House Hunters	Holmes on Homes		Agent-Agent	Real Estate	Property VirgIn	
501 391 52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	
504 508 70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play	
526 507 92 VIVA	The Closer		Cold Case "Fireflies"		Mediums	Encounters	Judging Amy		Missing	
269 350 93 APTN	Olympics	Jeux olympiques d'hiver: Vancouver 2010 Le curling féminin. Le curling féminin: China vs. Switzerland. (Live)							Geographic	
- 94 MCP	World News	News	My Queen	Immortal Yi, So	Van. Nights	Iranian Pop	Sabor Latino		Sabor Musical	
571 581 100 MCM	Gene Simmons	Gene Simmons	Wild 'n Out		mtm10.ca		Gene Simmons	Gene Simmons	Entourage	
570 580 101 MM	Secret Life of American Teen		MOD Live at the Base		Vancouver 2010 Concert		Make It or Break It		Love Court	
581 566 102 MTV	The Real World		The Real World (N)		Real World	Sex, News-Roll	16 and Pregnant		Real World	
- 116 TV5	(6) Papa (2004)		A Table	Mixeur	TV5 Le Journal	(9:35) Thalassa	Un magazine de la mer.			

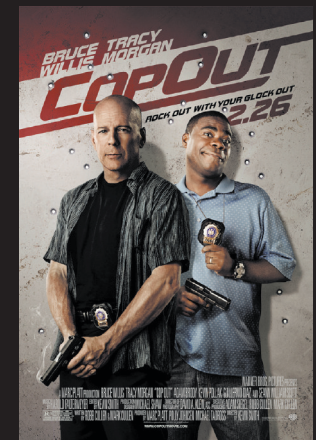
CLUB METRO WEEKLY OFFERS



WESTJET DELTA
CHELSEA
DOWNTOWN TORONTO

YOU COULD WIN TICKETS & A MEET & GREET

TO SEE ALICIA KEYS IN TORONTO!



IN THEATRES FEB 26

YOU COULD WIN A PAIR OF
PASSES TO SEE COP OUT

fantastic
CITY

COMPETITION

YOU COULD WIN AIRFARE FOR 2 TO

A FANTASTIC CITY IN CANADA

visit
clubmetro.com
and enter for
your chance to WIN!

To register and for full contest details visit clubmetro.com





Chynna Phillips has entered a rehab facility for anxiety, tvguide.com reports. "With the full support of her family and friends, she is looking forward to her recovery," said her publicist, Lizzie Grubman, who didn't disclose the location. **METRO NEWS SERVICES**

Anxiety, huh?

Celebrity Buzz

etalk's Lainey Lui dishes out celeb dirt in three's



Three Talk

with Lainey Lui

PATRICK CHAN. He is the brightest star in the Canadian men's figure skating program, the youngest to ever capture the national title, and tonight in Vancouver Patrick Chan will perform his free skate in front of a frenzied home audience that will include a large contingent of screaming teens cheering on their idol. The appealing Chan, just 19, has distinguished himself from his competitors by focusing on artistic interpretation and dizzying footwork rather than on the jumps and leaps that preoccupy other less creative skaters. Here are three things you might not know about Patrick Chan:

ONE Most athletes obsessively observe game day rituals. Chan always ties his right boot before his left.

TWO He is a football fan. But he prefers the American game to the Canadian one and his favourite team is the Indianapolis Colts.

THREE Chan is currently featured in the Harry Rosen Spring 2010 ad, giving up

the sequins and skates in favour of a smart Hugo Boss suit and dress shoes.



Lainey Lui is a reporter for etalk and runs the popular gossip site, LaineyGossip.com. As part of CTV's Olympic Broadcast Team, Lainey is on the ground in Whistler reporting on entertainment news from the Vancouver 2010 Olympic Winter Games.



Will he? Won't he?

JOIN THE ENGAGEMENT GOS-SIP DANCE. APPARENTLY, HE WON'T Word is Leonardo DiCaprio may have popped the question to on-again-off-again girlfriend Bar Refaeli, as the Israeli model flashed a shiny gold ring on her engagement ring finger at a charity dinner at the Berlinale film festival with DiCaprio and his mother,



according to the Daily Mail. The pair had split up last year, reportedly because DiCaprio wasn't ready to settle down, but appeared to have rekindled their romance last month.

But, a source close to DiCaprio, 35, tells us-magazine.com that German reports that he proposed on Valentine's Day are "not true."

METRO WORLD NEWS

She must be so unhappy

BECAUSE NO WOMAN COULD FEEL FULFILLED WITHOUT A BALDING HUSBAND AND GAGGLE OF UNGRATEFUL KIDS Kim Cattrall has no regrets about ending up single and childless at 53, female-first.co.uk reports. The actress has been married three times, with her last divorce in 2004 after a six-year union with audio designer Mark Levinson.

Her last relationship, with chef Alan Wyse, came to an end last year and Cattrall blamed her ro-

mance woes on her heavy workload. But the star is adamant she's learned to love life as a single lady — even though she's missed out on starting a family.

She tells Britain's Evening Standard newspaper, "I don't regret (not having children). It's fine, it really is."

METRO NEWS SERVICES



Hating her pin-up body

BOO FRICKIN' HOO Transformers beauty and new Armani lingerie model Megan Fox isn't so fond of her looks, it turns out, complaining to W magazine that she looks too much like a 1940s pin-up model.

"There are some women you could put in underwear and photograph them, and it looks really classy and it doesn't neces-

sarily provoke a pin-up image," she says.

"But with me, it does, immediately. As soon as I'm in underwear, I'm a Vargas girl."

All this self-criticism stems from having no confidence, she insists.

"Because of that, I'm always second-guessing myself."

METRO WORLD NEWS



The saying is 'sitting pretty'

NOT 'SITTING PRETTY WASTED' Former New York Fashion Week fixture Lindsay Lohan is apparently not welcome around the runways these days, as some industry insiders insist the troubled actress isn't worth the hassle, according to Gate-crasher.

Designer Jill Stuart has reportedly banned Lohan from her show, sources say.

"A lot of designers, and especially Jill's camp, don't

think she's worth all the press she'd get their show," the source says. Stuart's camp denies that Lohan has been banned.

METRO WORLD NEWS



Kickstarts, compasses and kibble

HOLA, GUAPAS — ¿USTEDES QUIEREN TOCAR MI PERRO?

Ewan McGregor wants to take his dog on a motorbike trip across South America, female-first.co.uk reports.

GETTY IMAGES



The British actor — who has previously taken a biking adventure across the world with fellow enthusiast Charley Boorman for documentary series Long Way Round — has been preparing his pet to go out on the road with him.

"I might go on my own. I've got a dog, Sid," he says. "I've trained him to ride in my side car and I thought we could do a trip together."

METRO NEWS SERVICES

Chance of hosting looks golden

LIVE FROM NEW YORK ... IT'S SATURDAY NIGHT BARELY ALIVE! Betty White says she's tickled by the support fans have been giving her through an online petition to have the 88-year-old actress host Saturday Night Live that started at Facebook.

"I'm just amazed. I would think by now that they've had such an overdose of Betty White that they'd be throwing rocks instead," White tells E!

But will she be hosting the late-night comedy show anytime soon?

"It would depend on scheduling and all that. But who knows? You can't ever say yes or no or never — you just wait to see what happens."

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

DIABLO CODY is rethinking her TV viewing choices, **KEVIN SMITH** may give up fighting Southwest about his weight, **STEPHEN FRY** thinks some honours should be harder to earn, and **AMANDA BYNES** tries to work through her fears.

@diablocody I feel like I should be watching that show with Mark Harmon and the goth scientist chick.

@ThatKevinSmith In a current CNN.com home page poll, 58% of responders are on @Southwest-Air's side! Guess it's time I shut up about it.

@stephenfry MPs get medals just for visiting Afghanistan?? Surely that can't be right.

@amandabynes i have to go to the market but i DO NOT want to go ALONE grrrr! i have to grow up and GO alone! i will NOT be KIDNAPPED!

METRO WORLD NEWS



First comes love

THEN COMES BABIES ... NO WAIT, THAT'S NOT HOW IT GOES

After three years together and two babies, Nichole Richie and Joel Madden are reportedly set to make it official. Richie taped an appearance on The Late Show with David Letterman on Monday that will air Friday, and while there she reportedly announced her engagement to Madden, according to E! News.

METRO WORLD NEWS



THREELICIOUS*



Today
Scattered flurries
2°C / -4°C

Thursday
Morning Clouds
2°C / -6°C

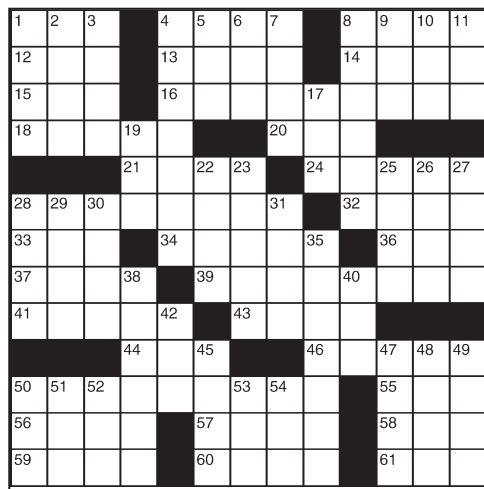
Friday
Mostly Cloudy
-1°C / -9°C



Andrew Schultz, Meteorologist - Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



ACROSS

- 1 Burst
- 4 Old foggy
- 8 Gets on in years
- 12 Latin 101 word
- 13 Always
- 14 Hobbling
- 15 Zero
- 16 It might not indicate true worth
- 18 Seat at the bar
- 20 Rowing tool
- 21 Unpaid amount
- 24 Eccentric
- 28 King, queen or jack
- 32 "— Breckinridge"
- 33 Wood-shaping tool
- 34 Cornered
- 36 Brooch
- 37 Use a rotary phone
- 39 Friendster alternative
- 41 Scatter
- 43 Medicinal amount
- 44 Petrol

- 46 Lure
- 50 Means of maintaining dignity
- 55 Verily
- 56 In due time
- 57 Infamous lyre player
- 58 Recipe meas.
- 59 Peel
- 60 Remain
- 61 Weeding tool

DOWN

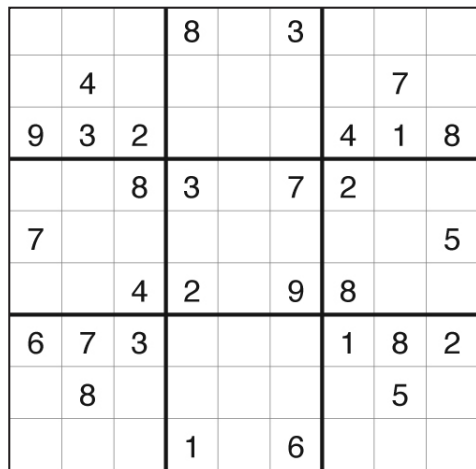
- 1 Skillets
- 2 Leave out
- 3 Horseback sport
- 4 Ricochet
- 5 Eggs
- 6 Calendar abbr.
- 7 Sandwich cook- ie
- 8 Old-style call to arms
- 9 Cowboy's sweetie
- 10 Ostich's cousin
- 11 Witness
- 17 Moving truck
- 19 Praiseful

- 22 John Candy's role in "Spaceballs"
- 23 Tire pattern
- 25 Glitch in print
- 26 Threesome
- 27 Pull hard
- 28 Craze
- 29 Mine entrance
- 30 Despot
- 31 Erte's art style
- 35 Ruin
- 38 Table with a map
- 40 Spelling contest
- 42 Existed
- 45 Without
- 47 Tale of the gods
- 48 Mexican money
- 49 Recording
- 50 Distant
- 51 Singer DiFranco
- 52 Opposed to
- 53 Animal doc
- 54 Mound stat

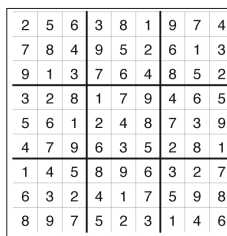
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Mushroom Green Bean Casserole

INGREDIENTS:

- 1 lb (500 g) fresh mushrooms, sliced
- 1 large onion, chopped
- 1/2 cup (125 mL) butter
- 1/4 cup (50 mL) all-purpose flour
- 1 cup (250 mL) half-and-half cream
- 1 jar process cheese spread
- 2 tsp (10 mL) soy sauce
- 1/2 tsp (2 mL) pepper
- 1/8 tsp (0.5 mL) hot pepper sauce
- 1 can sliced water chestnuts, drained
- 2 packages frozen French-style green beans, thawed and well drained
- 2 tbsp (25 mL) slivered almonds

METHOD:

1. In large skillet, sauté mushrooms and onion in

butter. Stir in flour until blended. Gradually stir in cream. Bring to boil; cook, stirring, 2 minutes or until thickened.

2. Reduce heat; add cheese sauce, soy sauce, pepper and hot pepper sauce, stirring until cheese is melted. Remove from heat; stir in water chestnuts.
3. Place beans in ungreased 3-L baking dish. Pour cheese mixture over top. Sprinkle with almonds. Bake, uncovered, at 375°F (190°C) 25-30 minutes or until bubbly.

SERVES 14

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
There is so much in your life you have to be thankful for and today's Venus-Jupiter union will remind you how fortunate you are to have been born an Aries.

TAURUS
APRIL 21-MAY 21
You won't have to go looking for excitement today. Wherever you happen to be and whatever you happen to be doing it will find you.

LIBRA
SEPT 23-OCT 23
Ultimately, we get out in proportion to what we put in, and with your ruler Venus influenced by Jupiter today there is no doubt you will give your all.

SCORPIO
OCT 24-NOV 22
Something with a foreign or exotic flavor to it will capture your imagination today. It may even capture your heart.

GEMINI
MAY 22-JUNE 21
For some strange reason you are having all sorts of dreadful thoughts about tomorrow. On the contrary, life is good and about to get even better.

SAGITTARIUS
NOV 23-DEC 21
Even the most unemotional of Sagittarians will find ways to let partners and loved ones know how they feel over the next 24 hours.

CANCER
JUNE 22-JULY 22
Express yourself fully. If you are not flavor of the month already you will be in a matter of days, and you must take advantage of it.

CAPRICORN
DEC 22-JAN 20
There is no guarantee that someone feels about you what you feel about them but don't let that stop you from admitting it.

LEO
JULY 23-AUG 23
Don't miss out on a great opportunity just because you think it would be wrong to profit and have fun while other people are struggling.

AQUARIUS
JAN 21-FEB 18
The Sun may be about to leave your birth sign but that does not mean you should try to cram in as much extra work as you can over the next 24 hours.

VIRGO
AUG 24-SEPT 22
Venus joins forces with luck planet Jupiter today, making it easy for you to ignore criticism and do what feels right to you.

PISCES
FEB 19-MARCH 20
With the Sun moving into Pisces tomorrow, you clearly have much to look forward to. Your special time of year is about to begin.

CANADA OLYMPIC PARK
ski & snowboard PROGRAMS
YOUTH
Ages 6-12 • 13-15
FROM \$50
403.247.5452
www.winsportcanada.ca

Canadian Visa & Immigration Services
Immigration Consulting Group
2nd floor, 638-11th Ave., SW, Calgary (By appointment Only)
Are You here on a WORK PERMIT
You may qualify for a **PERMANENT RESIDENCE IN CANADA**
Also: Spouse & Family Sponsorships & Appeals
Nanny & Live-in-Caregiver Applications
PR Card & Citizenship Applications
JAY CHAHAL, M.A., CCIC
CERTIFIED CANADIAN IMMIGRATION CONSULTANT (M06112)
403.827.3853
jay_chahal@shaw.ca

INTERNATIONAL PHARMACY BRIDGING PROGRAM
OUR INTERNATIONAL PHARMACY BRIDGING PROGRAM ASSISTS INTERNATIONALLY TRAINED PHARMACISTS TO ACQUIRE A LICENSE TO PRACTICE PHARMACY IN ALBERTA
Want to know more?
Contact program staff at 403.261.5775
250, 910-7th Avenue SW, Calgary AB
or visit us at www.bredin.ab.ca
Funded by Alberta Employment and Immigration

COUNTRY HILLS TOYOTA

FREE
MAINTENANCE*
 ON YOUR NEW TOYOTA
 4 YRS/100,000KM
 ON ALL 09 YARIS
 2YR/48,000KM
 ON ALL TOYOTAS

Start Smart



SHOP INDOORS!!! 57,000 sq.ft. Indoor Showroom
 ALL CURRENT TOYOTA OWNERS, REGARDLESS OF MODEL OR YEAR, RECEIVE \$1,000 TOWARDS THE PURCHASE OR LEASE OF A NEW TOYOTA VEHICLE.

Receive a trip for 2 to **Las Vegas** or a **Cruise** when you purchase a new or used vehicle at Country Hills Toyota. Visit chtoyota.com for more details.



HERE IS A SAMPLE OF JUST A FEW OFFERS

SPECIAL SALE HOURS

Wednesday, Thursday, Friday
 9 a.m. - 9 p.m.
 Final Day Saturday
 9 a.m. - 6 p.m.

2009 Yaris Sedan



ONLY \$178/MTH

Model# BT903PBA

2010 Tundra 4x4



ONLY \$498/MTH

Model# UY5F1T CA

2010 Venza AWD



ONLY \$448/MTH

Model# BA3BBT BA

2010 Matrix



ONLY \$198/MTH

Model# KU4EEP BA

2010 Camry LE



ONLY \$285/MTH

Model# BF36KT AA

2010 Sienna CE



ONLY \$368/MTH

Model# ZK30CA AA

2010 RAV4 4WD



ONLY \$298/MTH

Model# BF4DVP AA

2010 Corolla



ONLY \$188/MTH

Model# BU42EP BA



lease with ease
 at Country Hills Toyota

www.chtoyota.com
403-290-1111

Corner of
 Deerfoot Trail &
 Country Hills Blvd.
 AMVIC LICENSED



2009 Yaris Sedan Model# BT903P BA, 1.9%, 60 mth lease, \$2,510 down, \$1,000 cash incentive from dealer or 4 year maintenance, LEV\$5,798. 2010 Corolla Model# BU42EP BA, 2.9%, 60 mth lease, \$2,899 down, \$500 cash incentive from dealer, LEV \$7,073. 2010 Matrix Model# KU4EEP BA, 2.9%, 60 mth lease, \$3,370 down, \$500 cash incentive from dealer, LEV \$7,959. 2010 Camry LE Model# BF36KT AA, 2.5%, 48 mth lease, \$3,352 down, \$500 cash incentive from dealer, LEV \$10,814. 2010 RAV4 Model# BF4DVP AA, 4.5%, 48 mth lease, \$4,865 down, LEV \$13,152. 2010 Venza Model# BA3BBT BA, 4.9%, 48 mth lease, \$4,136 down, LEV \$15,790. 2010 Tundra Model# UY5F1T CA, 3.9%, 48 mth lease, \$5,283 down, \$1,500 cash incentive from dealer, LEV \$16,656. 2010 Sienna Model# ZK30CA AA, 3.9%, 48 mth lease, \$3,686 down, LEV \$13,054. Freight, PDI and Block heater included, GST Extra.